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Blessed Sacrament Parish

194 Fourth Avenue, Ottawa ON K1S 2L6

Office Telephone: 613-232-4891

Email: office@blessedsacrament.ca

Website: www.blessedsacrament.ca

January 22, 2017 — The 3rd Sunday in Ordinary Time

OFFICE HOURS

CLOSED on Mondays

Tuesday to Friday: 9:00 am — 3:00 pm

PASTORAL STAFF

Fr. Galen Bank, CC

Pastor

Fr. Francis Donnelly, CC

Associate Pastor

To schedule an appointment, please contact the office at 613-232-4891.

PARISH STAFF

Kim Jennings

Parish Administrator

Phone: 613-232-4891 / 613-232-4892

Email: office@blessedsacrament.ca

Melissa Monette

Youth Coordinator

Phone: 613-868-2907

Email: melissa.monette83@gmail.com

Nicolas Carnogursky

Maintenance Custodian

Phone: 613-712-2414

Email: kolyacarn@yahoo.com

MASS TIMES

SUNDAY MASS TIMES

Saturday 4:30 pm

Sunday 9:00 am

11:00 am

8:00 pm

WEEKDAY MASS TIMES

Tuesday 6:30 pm

Wednesday 9:30 am

Thursday 6:30 pm

Friday 9:30 am

HEALING MASS

3rd Thursday of the month at 6:30 pm

RECONCILIATION

Tuesday 6:00—6:30 pm

Saturday 4:00—4:30 pm

First Saturdays 7:00 pm

(or by appointment)

EUCCHARISTIC ADORATION

Tuesday Noon — 2:00 pm

First Saturdays 7:00 pm

BAPTISM

Julia Moffat, Coordinator

Phone: 613-697-7966

Email: knowthydog@yahoo.ca

CHILDREN'S LITURGY

Alsace Abboud, Coordinator

Email: nassoum52@gmail.com

Vanessa Altobelli, Coordinator

Email: vanessamaltobelli@gmail.com

COFFEE MINISTRY

Charlene White, Coordinator

Phone: 613-225-4505

Email: cmvw15@gmail.com

CONFIRMATION PREPARATION CLASS

Michael Schreider, Coordinator

Email: michael.schreider@ocsb.ca

CURSILLO

Rosella MacNeil, Representative

Phone: 613-327-0061

Email: rosella.macneil@sympatico.ca

DECORATING COMMITTEE

Chris Moffat, Coordinator

Phone: 613-316-0526

Email: chrismoffat@me.com

FIRST COMMUNION & RECONCILIATION

Jaqui Cadieux, Coordinator

Phone: 613-882-3613

Email: jaqui@royalalpage.ca

GROUND'S COMMITTEE

Sharon Quinn, Coordinator

Phone: 613-523-2574

Email: seaquinn@rogers.com

KNIGHTS OF COLUMBUS

Dave Mulcair, Liaison

Phone: 613-807-0875

Email: dmulcair@aol.com

MARRIAGE

(1) Marriage Preparation Course

— Cathy Bourguignon, Coordinator

Phone: 613-699-5624

Email: cpbourguignon@gmail.com

(2) Wedding Coordination

— Carol Ann Parlato, Coordinator

Phone: 613-852-4434 (after 5 PM only)

Email: caparlato@gmail.com

PRO-LIFE

Rosella MacNeil, Representative

Phone: 613-327-0061

Email: rosella.macneil@sympatico.ca

SOCIAL ACTION COMMITTEE

(CENTRETOWN EMERGENCY FOOD CENTRE)

Joe Courtright, Liaison

Email: centretownchurches@gmail.com

YOUNG ADULTS SOCIAL GROUP

Karen Richard, Coordinator

Email: bssgcatholic@yahoo.ca

YOUTH MINISTRY

Melissa Monette, Coordinator

Phone: 613-868-2907

Email: melissa.monette83@gmail.com

R.C.I.A.

Gord Johnson, Coordinator

Phone: 613-761-2895

Email: gordjohnson@sympatico.ca

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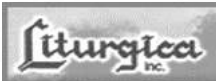
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OUR YOUTH MINISTRY TEAM IS LOOKING FOR MALE VOLUNTEERS!



We are looking for male volunteers who are enthusiastic, active and enjoy helping kids and teens, for our Friday night Youth Ministry program. No previous experience is required as training will be provided.

Please Note: All volunteers are required to have, or be willing to obtain, an up-to-date Police Vulnerable Sector Check (PVSC) and to read and sign a Code of Pastoral Conduct agreement. If you are interested, please contact Melissa via email at: melissa.monette83@gmail.com.

COFFEE SUNDAY TAKES PLACE THIS WEEKEND after the 9 and 11 am Masses. Charlene White, our Coffee Ministry Coordinator, needs your help with set-up or clean-up. Details on inside cover ...

Many hands make for light work — Thanks for your help!





The 3rd Sunday in Ordinary Time

January 22, 2017



Blessed Sacrament Parish Mission Statement

Through dynamic evangelization, Blessed Sacrament Parish seeks to intentionally invite all people into an initial encounter with an ongoing conversion to Jesus. We are a Eucharistic and Marian parish that is a home for vibrant worship, reconciliation, and prayer, as well as an engine for spiritual growth. We support each other on the journey to maturity and reach out to people in need.

Announced Mass Intentions

Saturday, January 21

* (4:00 pm Confession)

4:30pm † —

Sunday, January 22

9:00 am † Repose of the soul of Ron Culleton by Suzanne and family

11:00 am † Repose of the souls of Margie, Margaret and Michael Quinn, by the family

8:00 pm † Pro Populo

Tuesday, January 24

* (Noon—2:00 pm Adoration; * (6:00 pm Confession)

6:30 pm † In thanksgiving for physical healing by Carol Gaboury

Wednesday, January 25

9:30 am † Repose of the soul of Francesco DiPietrantonio by Rosina and family

Thursday, January 26

6:30 pm † Repose of the soul of Marguerite Lucina Kavanagh

Friday, January 27

9:30 am † Repose of the soul of James Dillon by Pat Dillon

Saturday, January 28

* (4:00 pm Confession)

4:30pm † Repose of the soul of Jim Ovens by his family

† Repose of the soul of Kolleen Dale Grattan by her family

Sunday, January 29

9:00 am † Repose of the soul of Lucille Nolan and deceased family members

11:00 am † Repose of the soul of

8:00 pm † Pro Populo

Parish and Community News

VOLUNTEERS NEEDED — COFFEE SUNDAY IS THIS WEEKEND after the 9 and 11 am Masses ... downstairs in our Church Hall. Make sure to drop in



for some juice, coffee or tea, and enjoy some goodies and fellowship. Charlene White, our Coffee Coordinator, would greatly appreciate it if you could help out with *any* of the following:

- * Help to set-up before the 9:00 am Mass (about 8:30)
- * Bring some goodies to share (baking — nut-free if possible, fruit, cheese and crackers). Just bring your goodies downstairs when you arrive for Mass. Thanks!
- * Some clean-up help after the 11am social (15—20 minutes)

FAITH SHARING MEETINGS — The winter session of the Wednesday faith sharing meeting will begin on **Wednesday, January 25** at 2 week intervals in the Library from 7:00 pm to 8:30 pm. All are welcome to gather and meditate on the Gospel, share how the Gospel message and the teachings of Fr. Bob Bedard, founder of the Companions of the Cross, touch and call each of us in our daily lives. For more information, please email Jennifer Huestis at jenhuestis@rogers.com or call 613-422-1117.

NIGHT OF WORSHIP AND MINISTRY: St. Mary Parish, 100 Young St., **Friday, January 27, 7:00 — 9:00 pm.** Speaker: Bishop Christian Riesbeck, CC. Theme: *The Joy of the Gospel.* Prayer teams available. Reception to follow. Info: Lise Going (613-728-9811 Ext. 720); (night.worship.ministry@stmarysottawa.ca).

JOURNEY OF HOPE FOR SEPARATED AND DIVORCED CATHOLICS — This program is led from a Catholic faith exploration perspective and is designed to help participants find reconciliation, peace and healing through positive steps taken in their daily spiritual life. The Women's Session begins on Tuesday March 21, 2017 and the Men's Session begins on Thursday March 23, 2017. These sessions are 6 weeks in length and run from 7pm to 8:30pm. Registration Forms are located in the front vestibule, or you may register for by contacting Mary Jane Manley at (613) 294-1308 or by visiting the website at: www.journeyofhopeottawa.com. A fee of \$25 will be applied to cover course material.

70TH ANNIVERSARY OF THE 1947 MARIAN CONGRESS:

The 'sea to sea' celebrations are taking place June 17—23 to mark the 70th Anniversary of the Consecration of Canada to Mary at the historic 1947 Marian Congress. Pope Pius XII called it the "Crowning Act." Visit www.CatholicInCanada.com to view the trailer. **Check out Blessed Sarament's website for further information ... it's monumental!**



ALPHA AT ST. MARY PARISH: Beginning **Mon., Jan. 30, 6:30 p.m.** at St. Mary Church. Informational dinner on **January 23.** Details & registration: (<http://www.stmarysottawa.ca/#/home/alpha>).

FUNDRAISER IN SUPPORT OF 2017 PERU MISSION — ST. PHILIP PARISH, RICHMOND. Spaghetti dinner, **Saturday, January 28 at 5:30pm** at St. Philip Parish Hall, 127 Burke St. Live entertainment begins at 6:30 pm. Tickets or additional info: (613-591-6247).

Celebrating Baptism

Please welcome and pray for our newest parishioners who were baptized here at Blessed Sacrament during the month of **January 2017.** May Our Lord's light continue to shine upon them.

Adrianna Aurora Lisman ♦ Christopher James Joseph Praught

A **REMINDER** — If you received the Sacrament of Baptism in 2016 and have not had an opportunity to pick up your personalized **Baptismal Angel Christmas tree ornament**, they are located in a basket in the front vestibule.



Diocesan News

MONTHLY PRO-LIFE MASS: The next monthly Mass to pray for the establishment of a Pro-life Centre in Ottawa is **NEXT Saturday, January 28, 9:00 am** at St. Mary Parish, 100 Young Street. Information: (613-831-2515).

L'ARCHE OTTAWA SEEKING VOLUNTEERS AND ASSISTANTS who would like to create community and make a profound difference in someone's life. L'Arche is an International Organization founded over 50 years ago by Jean Vanier. There are over 130 faith-based communities around the world in which we engage and journey with people with developmental disabilities. Info & monthly calendar of community events & activities: (www.larcheottawa.org); (613-228-7136, ext.29).

25TH ANNUAL LIFT JESUS HIGHTER RALLY: Metro Toronto Convention Centre, 255 Front St. West, **Saturday, March 4, 9:00am — 5:30pm.** Talks by Sr. Ann Shields, Peter Herbeck and keynote guest speaker Bishop Scott McCaig. Separate youth event (13—18 years). Cost: \$25 adults; \$15 youth. Information: (905-833-0360); (info@lift-jesus-higher-rally.ca).

ADVANCED CARE PLANNING WORKSHOP: Hosted by St. Joseph Parish with Bruyère Continuing Care. **Saturday, Jan. 28, 10:00 am — 4:00 pm** in the Oblate Lounge (151 Laurier Ave. E., 2nd floor). Reflect on your values, wishes and beliefs, and let people know what kind of health and personal care you would want if you were unable to speak for yourself. Sign up at St. Joseph's Parish (613-233-4095, ext. 221). Info: Roshene Lawson (roshene@me.com); (RLawson@bruyere.org).

THE MEN OF THE EUCHARIST: To all men of the Ottawa diocese. Are you looking for a Catholic Men's Fellowship where you can enrich your faith and journey with other men who support each other in becoming the men God has called them to be? The Men of the Eucharist has been in existence since 2009 and continues to touch the hearts of many men around the diocese. The monthly gathering is every first Friday at the Diocesan Centre, 1247 Kilborn Place, 6:00 — 9:00 p.m. Next gathering; **Friday, February 3.** For further information, contact Keith Doucette at (jp2centreottawa@gmail.com); or call (613-325-5447); (www.jp2centre.com).

Our Prayer List

We ask that you remember in your prayers all those in our parish community who are sick and in need of encouragement: Nancy Grover, Tom Rock, Frank Licari, Tom Ray, Kerri Lynn Bulger, Tyler Huneault, Paula Scott, Daphne Moffat, Jim Grover, Leighton Beacock, Daniel & Madeline McBride, Mrs. Teresa White, Ethel Morris, June McGuire, Ben Proctor, Mary Christine Spencer, Rick Tracey, Fr. Rory Brady, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Natalie Quinn, Rose Cutrara, Loren Cooper, Gloria Henderson, Richard Gehring, Bruce McCracken, Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Debbie Lavallie, Yvonne Bulger, Joseph Hutchinson, Garry Stevenson, Alex Neron, Marta Pappalardo and baby Dominic, Joaquin Olivier LeGras, Evelyn Beaudry, Brigitte and Victor Couwenbergh, Sebastien Parent, Jim Morgan, Thérèse Cochlin, Michael Reid, Tyler Moffat, Lynn Ashdown, Laszlo DeRoth, Darrell, Peter Herauf and Kathleen Jordan, Sharon Boothroyd.

To add or remove a name, please contact the parish office.

POPE FRANCIS' PRAYER INTENTIONS FOR JANUARY

Universal: Interreligious Dialogue

That sincere dialogue among men and women of different faiths may produce the fruits of peace and justice.

Evangelization: Christian Unity

That by means of dialogue and fraternal charity and with the grace of the Holy Spirit, Christians may overcome divisions.

ST. THÉRÈSE PRAYER GROUP — Perpetual Novena Intention

January 23 – January 31, 2017

Our sister, please ask that God will help us to see everything through the Light of Faith. Ask that He will help us to see suffering, poverty, repentance, mercy, purity and peace through the eyes of Jesus.

February 1 – February 9, 2017

St. Thérèse, please pray for assistance in offering up our suffering to God. Help us to remember to intercede for others and offer their suffering as well by praying: "Jesus I love You, and I offer up to you my pain and the pain of [NAME], for the salvation of souls."

A Warm Welcome to Our New Parishioners!

Interested in joining Blessed Sacrament's Parish Family?

Please let us know who you are and we will be happy to offer you more information and introduce you to our Parish life. Just fill out this form, place it in the basket, and we'll reach out to you soon. Great to have you with us!

Name: _____

Address: _____

Postal Code: _____ Phone: _____

Email: _____

PARISH FINANCIAL ADMINISTRATION

Regular Collection for January 14, 2017 — \$ 3,540.20

As this is our primary source of support, we encourage you to use our 'Pre-Authorized Donation' (PAD) service and boxed set of envelopes. Choosing the PAD service makes it easier for you to support us. If you are away or sick, your offering will be made — a welcomed benefit to the Parish as our expenses continue year round. Please help support us by picking up a PAD form and a boxed set of envelopes found in the Church foyer. *We kindly ask that you remember Blessed Sacrament Parish in your Will and to please include us in the bequeath section of the obituary notice.* Our Registered Charity number is #12896-7353-RR0092.

Thank you! Many blessings to you and your loved ones.