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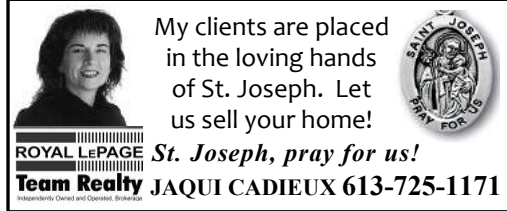
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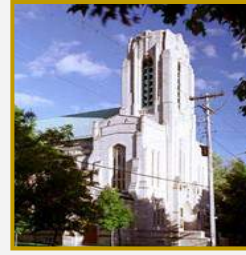
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194 Fourth Avenue, Ottawa ON K1S 2L6
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January 21 — 3rd Sunday in Ordinary Time

Come follow Me!



MASS SCHEDULE

SUNDAY MASS TIMES
✠ Saturday Vigil Mass 4:30 pm
✠ Sunday Mass 10:00 am
..... 8:00 pm

WEEKDAY MASS TIMES
✠ Monday, Wednesday, Friday and Saturday 9:30 am
✠ Tuesday and Thursday 6:30 pm

GLEBEHOUSE SENIORS HOME MASS TIME
✠ Thursday 10:00 am

RECONCILIATION

- Weekdays See Fr. before or after Mass
- Saturday morning. 10:00 am — 10:30 am
- Saturday evening 3:45 pm — 4:15 pm
— or by appointment —

RECITATION OF THE HOLY ROSARY

- Thursdays 6:00 pm (before Mass)
- Sundays 9:15 am (before Mass)

OFFICE HOURS

CLOSED Mondays
Tuesday to Friday 9:00 — 3:00 pm

PASTORAL STAFF

Fr. Timothy P.V. Nelligan, Pastor
pastortpvn@blessedsacrament.ca

Fr. Tim McCauley, Assoc. Pastor (on sabbatical)

PARISH OFFICE STAFF

Deacon Tom Donohue, Office Manager
613-232-4891/deacontom@blessedsacrament.ca

Kim Jennings, Office Administrator
613-232-4891; office@blessedsacrament.ca

Vivian Grattan, Bookkeeper
613-232-4891; account@blessedsacrament.ca

Melissa Monette, Youth Coordinator
613-868-2907; bsmottawa@gmail.com

Stéphane Bussière, Custodian
stepahneb29@hotmail.com

PILGRIM STATUE KIOSK HOURS

- Wednesday 10:00 am — 4:00 pm
- **DnA Live on Wednesdays** 1:30 pm
- Sunday 11:00 am — 1:00 pm
— or by appointment —

Info: Dennis and Angelina Girard
1-888-501-1083; dnagirard@gmail.com

PARISH MINISTRIES

BAPTISM:
Julia Moffat, 613-697-7966,
knowthydog@yahoo.ca

CENTRETOWN EMERGENCY FOOD CENTRE:
Joe Courtright, Liaison,
centretownchurches@gmail.com

CHILDREN'S LITURGY:
1) Alsace Abboud; nassoum52@gmail.com; or
2) Vanessa Altobelli;
vanessamaltobelli@gmail.com

CONFIRMATION:
Melissa Monette, 613-868-2907,
bsmottawa@gmail.com

CURSILLO REPRESENTATIVE:
Rosella MacNeil, 613-327-0061,
rosella.macneil@sympatico.ca

DEVELOPMENT & PEACE MINISTRY:
Angela Davis, 613-237-0093
mangeladavis@hotmail.com

FINANCE COUNCIL:
Larry Schrembi, Chair
schembri.springer@sympatico.ca

FIRST COMMUNION AND RECONCILIATION:
1) Jackie Cadieux, Volunteer Coordinator
613-882-3613; jaqui@royallegage.ca
2) Heather Fisher, Registration Coordinator
613-558-3264; heatherfisher88@hotmail.com

GROUNDS COMMITTEE:
Sharon Quinn, 613-523-2574;
seaquinn@rogers.com

HOSPITALITY:
1) Coffee Sundays — Charlene White,
613-225-4505; cmwv15@gmail.com

KNIGHTS OF COLUMBUS — LIAISON:
Dave Mulcair, 613-807-0875; dmulcair@aol.com

MASS MINISTRY COORDINATORS:
1) Saturday 4:30 PM — Gerry Sisk
gerard.sisk@sympatico.ca
2) Sunday 10:00 AM — Joe Courtright
courtright_jw@yahoo.com
3) Sunday 8:00 PM — Marie-France Lapierre
mflapierre-14@hotmail.com

PRO-LIFE REPRESENTATIVE:
Rosella MacNeil, 613-327-0061,
rosella.macneil@sympatico.ca

R.C.I.A. (ADULT FAITH FORMATION):
Gord Johnson, 613-761-2895,
gordjohnson@sympatico.ca

WEDDINGS:
1) Wedding Coordinator — Carol Ann Parlato
613-852-4434, caparlato@gmail.com
2) Marriage Prep Course — Cathy Bourguignon
613-699-5624; cpbourguignon@gmail.com
Spring 2018 — Dates to be determined

WELCOMING COMMITTEE:
Agnes Cunningham,
agnescunningham602@gmail.com; or
Dianne Wood, 613-613-739-5519

WIDOWS & WIDOWERS FAITH-BASED GROUP
Shirley Hamre, 613-824-0692; or
Thea Boyd, 613-521-2082

YOUTH MINISTRY:
Melissa Monette, 613-868-2907
bsmottawa@gmail.com

THE KEYS! THE KEYS! Due to continuing issues with security, it has been decided to **change the locks on our doors by the END OF THIS MONTH.** If you are a member of a ministry that requires access to the Church after hours, please contact the parish office to register your name, contact info and ministry requirements. Further detail will be provided with registration. Many thanks for your patience and understanding! Fr. Tim

THE PARISH PHRONTERISTRY

Phronistry — *n.* a thinking place [Gr. *Phronisterion*, from *phrontistes* a thinker, from *phronein* to think]

The GIRM (*General Instruction of the Roman Missal*) is the context against which all liturgies in the Roman Rite are regulated. Since Vatican II, the Constitution on the Sacred Liturgy has been the central point of reference for the way we celebrate our faith. The GIRM is the document that outlines in detail, the 'how to' of celebrating the Mass and other Liturgical events. Within the books used at Mass, such as the Roman Missal, (the book used by the priest for the various prayers), there is **RED WRITING**. These scripts are the formula called 'rubrics' that instruct the priest on what to do during a given prayer, i.e. hands extended, hands folded, Chalice elevated, and so forth. The 'rubrics' come from the GIRM and thus keep in common, the general actions done during any given liturgy. It is to this end that the GIRM has been newly revised. The latest changes promulgated by Rome, go a long way towards developing us in the ways and practices of our faith, and in assuring the ongoing dignity and grace that our Liturgies need to reflect and provide. Everything from Music, to movement, posture, prayers, and the participation of the faithful during any given celebration, finds reference in this document. The joy and beauty of our faith expression therefore, takes on a truly universal aspect so that no matter where you are in the world, you can FULLY participate in the Mass. It makes no difference of the language, you can use your own, because your knowledge of the Mass and how it is celebrated with the prayers, postures, and responses are basically the same throughout the world. This is the role of the GIRM and the intent of the basics of Liturgy, that by regulating it in such a way, the faithful, even though they may find themselves in unfamiliar places, will always find comfort in the familiarity of the Liturgy because of its common Ritual.

Vexations:
What does the word LITURGY mean?



January 21, 2018 3rd Sunday in Ordinary Time



Blessed Sacrament Parish Vision

Through dynamic evangelization, Blessed Sacrament Parish seeks to intentionally invite all people into an initial encounter with and ongoing conversion to Jesus. We are a Eucharistic and Marian parish that is a home for vibrant worship, reconciliation, and prayer, as well as an engine for spiritual growth. We support each other on the journey to maturity and reach out to people in need.

† Mass Intentions — **NEW** Mass Times!

Saturday, January 20

- 9:30 am † —
- 11:00 am † Pro-Life Mass (Hosted by Pro-Life Doctors)
- 4:30 pm † For the soul of Nabeel Filfan by Allison Gonsalves and family

Sunday, January 21 — **3RD SUNDAY IN ORDINARY TIME**

- 10:00 am † For the souls of Alex and Gertrude Johnson by Beryl and Gord Johnson
- † In thanksgiving for prayers answered by the Diduch family
- 8:00 pm † Pro Populo

Monday, January 22

- 9:30 am † —



Tuesday, January 23

- 6:30 pm † —

Wednesday, January 24

- 9:30 am † —

Thursday, January 25

- 6:30 pm † Intentions of Fr. Tim McCauley by Carol Gaboury

Friday, January 26 — **St. Timothy and St. Titus**

- 9:30 am † —

Saturday, January 27

- 9:30 am † For the soul of Kolleen Dale Grattan by Kenneth Grattan
- 4:30 pm † For the soul of Jim Ovens by his family
- † In thanksgiving for prayers answered by the Diduch family

Sunday, January 28 — **4TH SUNDAY IN ORDINARY TIME**

- 10:00 am † For the soul of Ron Culleton by the family
- † For the soul of Lucille Nolan and deceased family members by Cheryl Kelly
- 8:00 pm † Pro Populo

Our Prayer List



WE ASK THAT YOU REMEMBER IN YOUR PRAYERS

all those in our Parish Community who are sick and in need of encouragement: Nancy Grover, Kerri Lynn Bulger, Paula Scott, Daphne Moffat, Jim Grover, Leighton Beacock, Daniel & Madeline McBride, Ben Proctor, Mary Christine Spencer, Rick Tracey, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Natalie Quinn, Rose Cutrara, Loren Cooper, Richard Gehring, **Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Debbie Lavallie, Joseph Hutchinson, Marta Pappalardo and Dominic, Joaquin Olivier LeGras, Brigitte and Victor Couwenbergh, Sebastien Parent, Jim Morgan, Thérèse Cochlin, Lynn Ashdown, Laszlo DeRoth, Darrell & Peter Herauf, Kathleen Jordan, Sharon Boothroyd, Luigi Lorusso, Cindy Orr Marcelle and Gerry Ouderkirk, Beryl Johnson, Anne Kennedy, Britney, Jesse Colliver and their baby, Frances from the UK, Norman Revells, Elizabeth (Elsa) Witteveen, Yvonne Bulger.**

To ADD or REMOVE a name, please contact the office.

✠ Parish News

COFFEE SUNDAY — **THIS WEEKEND** after 10:00 AM Mass!

★ If you can lend a hand with set-up or clean-up, that would be great. Thanks to everyone who contributed goodies or lent a hand ... we can't do this without you!



★ **Also ... would you be willing to take on a "Coffee Sunday", along with a few others, to enable us to enjoy this special social time more than once a month ... perhaps every second weekend?! Please see Charlene or Terry White and sign up! We'll be happy to "explain the ropes". Charlene & Terry**

A Fond Farewell and a Warm Welcome

Our custodian, **Nick Carnogursky**, is leaving to become a Friar of the Franciscans of the Immaculate Order in the USA. Nick brought a lot of good will and joy to the staff and it is with absolute joy to see him off on his religious vocation. Nick, you will be missed. He intends to make Blessed Sacrament part of his daily prayer so please remember him in yours. *May God Bless you richly in your journey with Him!*

On that note ... We are very pleased to welcome **Stéphane Bussière** as our new custodian and we are equally delighted to welcome **Viviane Grattan** as our new bookkeeper. It is wonderful to have you both on board! *Welcome Stephane and Viviane!*

BLESSED SACRAMENT'S 'OUR LADY OF THE CAPE DIVINE MERCY CENACLE' meets **THIS Thursday, January 25** at 7:15 pm in the NURSERY Meeting Room. Please enter through the **Brother André door** as we'll be gathering in our newly renovated Nursery!

SCHEDULING A BAPTISM? If you would like to schedule a Baptism at Blessed Sacrament Parish, please contact the parish office at 613-232-4891 or email office@blessedsacrament.ca.
VOLUNTEERS NEEDED! Consider assisting the Baptismal Preparation Team!! If you are able to help out, please contact the Parish office. *Thank you for coming forward!*

POPE FRANCIS' PRAYER INTENTION FOR JANUARY 2018

That Christians, and other religious minorities in Asian countries, may be able to practise their faith in full freedom.



DnA Live from the KIOSK

Wednesdays at 1:30 PM

Followed by a Social!

All are Welcome! www.PSKiosk.com



Check out our FIRST EPISODE of 'DnA Live from the Kiosk with Fr. Tim and more!' Go to pskiosk.com and play!

Around the Diocese

SPIRITUAL GIFTS WORKSHOP — St. Mary's Parish is hosting the Catherine of Siena Institute teaching team to instruct us in the **Called & Gifted Introductory Workshop on Saturday, February 24 from 8:30 am to 5:00 pm.** Discover what gifts God has given you to offer others; discern His will for your life; receive direction when making life choices. **Info/Register:** Tracey McAskill or Sr. Penelope Nguyen, SC 613-728-8911x734 or spiritual.gifts@stmarysottawa.ca.

DON BOSCO GALA 2018 — NEXT Saturday, January 27 from 7:00pm—10:30pm at BLESSED SACRAMENT PARISH. We joyfully invite you to celebrate youth ministry at the 9th Annual Don Bosco Gala with Archbishop Prendergast! The evening is open to everyone and includes hors d'oeuvres, a talk and dance. **Tickets: \$25.** To reserve your spot, go to www.fymottawa.com/youth.

MARYVALE ACADEMY OF OTTAWA ANNUAL FUNDRAISING DINNER GALA — Maryvale Academy is hosting its annual fundraising dinner gala entitled "With Hearts Open" on **Saturday, February 10** at St. Elias Centre, 750 Ridgewood Ave. Live & silent auctions, 50/50 draw, musical performances, speeches and dancing. Cocktails & Silent Auction at 6:00 pm, Dinner at 6:30 pm. Cost: \$85 (\$40 tax receipt). **Info/tickets:** Maryvale Academy 613- 321-2186; (www.maryvaleacademy.ca).

ATTENTION! ALL MEN CONSIDERING A CALLING TO THE PRIESTHOOD: Have you ever considered a calling to the priesthood but simply don't know where to begin ... or what to ask? If you're a man over 18 and have been thinking about what the priesthood is about and how to become one, consider coming to the Priesthood Discernment Evening. You will hear a priest give a brief testimony of his call story, followed by a Q&A and social. Mark your calendar for **Thursday, February 1, 7:00—9:00 pm at St. Margaret Mary Church Hall** (5 Fairbairn Ave). For more info, contact Fr. Pierre Champoux, Vocations Director, at 613-558-1445 or vocations@archottawa.ca. You are encouraged to read the vocations blog articles at vocationsottawa.com for general questions that you may have about the priesthood.

DIOCESAN CELEBRATION OF CONSECRATED LIFE & SOLEMN MASS FOR THE DEDICATION OF THE NEW ALTAR AT NOTRE DAME CATHEDRAL: Archbishop Terrence Prendergast SJ invites all members of religious communities and consecrated persons, all members of the Clergy and the Faithful of the Archdiocese to participate on **Friday, February 2 at 7:30 pm** at Notre Dame Cathedral. A reception will follow the Mass. Also on that day, the relic of Saint Francis Xavier will be displayed for veneration at the Cathedral. Everyone is welcome!

ST. FRANCIS XAVIER RELIC TOUR: The famous relic of St. Francis Xavier (the arm he used to baptized with) is here in North America for the first time in generations. This is a once-in-a-lifetime opportunity to venerate the incorrupt first class relic of one of the greatest missionaries and evangelists since St. Paul the Apostle. Locations: Sainte-Marie d'Orléans, **Wednesday, January 31, 6:00—10:00 pm**; St. John the Apostle, **Thursday, February 1, 12:30—5:00 pm**; Notre Dame Cathedral, **Friday, February 2, 1:00—10:00 pm.** Hosted by Catholic Christian Outreach, Archdiocese of Ottawa and Jesuits in Canada. **Info:** <https://cco.ca/relic/>; 613-736-1999.

ST. THÉRÈSE OF LISEUX PRAYER GROUP — Perpetual Novena

We continue to pray for parishioners and their families.



O Little Thérèse of the Child Jesus, please pick for me a rose from the heavenly garden and send it to me as a message of love.

O Little Flower of Jesus, ask God to grant the favours I now place with confidence in your hands.

January 18 — 26: St. Thérèse, please pray for all of us in this parish community. Please pray that we will recognize and seize with great enthusiasm, opportunities to share our faith with those who may be far from the Lord.

January 27 — February 4: St. Thérèse, please pray for married couples of our Parish. Please ask God to help them honour one another according to their wedding vows. Please ask the Lord to bless them all and help them to realize that marriage means putting Him in the center of their relationship.

St. Thérèse, help me to always believe as you did in God's great love for me, so that I may imitate your "Little Way" each day. AMEN!

PARISH FINANCIAL ADMINISTRATION JANUARY 2018

Regular Collection:

January 7 \$2,357.20

January 14 \$2,596.80

TOTAL to date for January 2018 \$4,954.00

As this is our primary source of support, we encourage you to use our 'Pre-Authorized Donation' (PAD) service and boxed set of envelopes. Choosing the PAD service makes it easier for you to support us and is a welcomed benefit to the Parish as our expenses continue year round. Please help support us by picking up a PAD form and a boxed set of envelopes found in the Church foyer. *We ask that you kindly remember Blessed Sacrament Parish in your Will and include us in the bequeath section of the obituary notice.* Our Registered Charitable Tax No: #12896-7353-RR0092.

NEXT AGM — Sunday May 6 after the 10:00 AM Mass!

A Warm Welcome to Our New Parishioners!

Interested in joining Blessed Sacrament's Parish Family?

Please let us know who you are and we will be happy to offer you more information and introduce you to our Parish life. Just fill out this form, place it in the basket, and we'll reach out to you soon. It's great to have you with us!

Name: _____

Address: _____

Postal Code: _____

Phone: _____

Email: _____