

EXPERIENCING LENT ... OUR 40 DAY JOURNEY

ASH WEDNESDAY *(a day of Fasting; abstaining from meat)*

- Wednesday, **March 1st, 2017**
 - Mass at 9:30 AM and 6:30 PM

EUCCHARISTIC ADORATION

- Every **Tuesday**
 - Noon—2:00 PM
- Nights with the King (NWTK)
 - **Saturday, March 18th** at 7:00 PM
- For a list of Parishes offering Adoration, go to www.CatholicOttawa.ca
 - *Option: St. Mary's Parish* Adoration Chapel, 100 Young Street at Bayswater Avenue
 - **Weekdays** (6:00 AM – 10:00 PM); **Weekends** (7:00 AM – 10:00 PM)

SACRAMENT OF RECONCILIATION

- **BLESSED SACRAMENT'S PENITENTIAL SERVICE, Tuesday, March 28th**
 - After the 6:30 PM Mass (several Priests will be available to hear Confession)
- Every **Tuesday** from 6:00—6:30 PM
- Every **Saturday** from 4:00—4:30 PM
- **DIOCESAN DAY OF CONFESSION, Friday, March 31st**
 - For a list of times when Parishes in the Diocese will be offering Confession, go to the Diocesan website at www.CatholicOttawa.ca
 - **BLESSED SACRAMENT'S** scheduled time is on **Friday, March 31st** is 10:00 AM – Noon

BLESSED SACRAMENT'S LENTEN STUDY

- *The Bible and the Sacraments*
 - **Thursday evenings** after Mass, **March 2nd – April 6th** (Further detail in Bulletin)

VESPERS – EVENING PRAYER IN SONG AND CHANT

- Blessed Sacrament's Music Ministry will celebrate *Vespers*, an evening prayer of the Liturgy of the Hours in song and chant, on **Friday, March 24th at 7:00 PM**, followed by contemplative Celtic hymns. (Further detail in Bulletin)

HOLY WEEK and EASTER TRIDUUM

- **Chism Mass at NOTRE DAME CATHEDRAL**
 - Tuesday, April 11th at 7:30 PM
 - **PLEASE NOTE!** *There will NOT be a 6:30 PM evening Mass at Blessed Sacrament*
- **Wednesday Mass** – April 12th at 9:30 AM
- **Holy Thursday Mass**
 - Thursday, April 13th at 7:00 PM
- **Good Friday Service** *(a day of Fasting; abstaining from meat)*
 - Friday, April 14th at 3:00 PM
- **Easter Saturday Vigil**
 - Saturday, April 15th at 8:00 PM
- **EASTER SUNDAY Mass times**
 - Sunday, April 16th:
 - 9:00 AM and 11:00 AM *only*
 - **PLEASE NOTE!** *We will NOT have an 8:00 PM evening Mass on Easter Sunday*