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 Email: office@blessedsacrament.ca  
 Website: www.blessedsacrament.ca

**The 15th Sunday in Ordinary Time — July 10, 2016**

**OFFICE HOURS**  
 CLOSED on Mondays  
 Tuesday—Friday: 9:00 AM to 3:00 PM

**PASTORAL STAFF**  
**Fr. Galen Bank, CC**  
 Pastor  
**Fr. Francis Donnelly, CC**  
 Associate Pastor

To schedule an appointment, please contact the office at 613-232-4891.

**PARISH STAFF**  
**Kim Jennings**  
 Parish Administrator  
 Phone: 613-232-4891  
 Email: office@blessedsacrament.ca

**Melissa Monette**  
 Youth Coordinator  
 Phone: 613-868-2907 (after 6 PM only)  
 Email: melissa.monette83@gmail.com

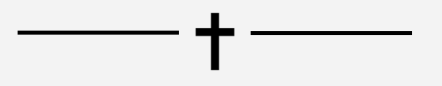
**Nicolas Carnogursky**  
 Maintenance Custodian  
 Phone: 613-712-2414  
 Email: kolyacarn@yahoo.com

**CELEBRATION OF THE EUCHARIST**

**SUNDAY MASS TIMES**  
 Saturday ..... 4:30 PM  
 Sunday ..... 9:00 AM  
 11:00 AM  
 8:00 PM

**WEEKDAY MASS TIMES**  
 Tuesday ..... 6:30 PM  
 Wednesday..... 9:30 AM  
 Thursday ..... 6:30 PM  
 Friday ..... 9:30 AM

**RECONCILIATION**  
 Tuesday ..... 6:00—6:30 PM  
 Saturday ..... 4:00—4:30 PM  
 (or by appointment)



**BAPTISMS**  
**Julia Moffat**, Coordinator  
 Phone: 613-697-7966  
 Email: knowthydog@yahoo.ca

**COFFEE MINISTRY**  
**Charlene White**, Coordinator  
 Phone: 613-225-4505  
 Email: cmvw15@gmail.com

**DECORATING COMMITTEE**  
**Chris Moffat**, Coordinator  
 Phone: 613-316-0526  
 Email: chrismoffat@me.com

**GROUNDS KEEPING COMMITTEE**  
**Sharon Quinn**, Coordinator  
 Phone: 613-523-2574  
 Email: seaquinn@rogers.com

**KNIGHTS OF COLUMBUS**  
**Dave Mulcair**, Liaison  
 Phone: 613-807-0875  
 Email: dmulcair@aol.com

**R.C.I.A.**  
**Gord Johnson**, Coordinator  
 Phone: 613-761-2895  
 Email: gordjohnson@sympatico.ca

**SOCIAL ACTION COMMITTEE (CENTRETOWN EMERGENCY FOOD CENTRE)**  
**Joe Courtright**, Liaison  
 Email: centretownchurches@gmail.com

**WEDDINGS**  
**Carol Ann Parlato**, Coordinator  
 Phone: 613-852-4434 (after 5 PM only)  
 Email: caparlato@gmail.com

**YOUNG ADULTS SOCIAL GROUP**  
**Karen Richard**, Coordinator  
 Email: bssgcatholic@yahoo.ca

**YOUTH MINISTRY**  
**Melissa Monette**, Coordinator  
 Phone: 613-868-2907 (after 6 PM only)  
 Email: melissa.monette83@gmail.com



**St. Bonaventure, Bishop and Doctor — Feast Day: July 15**

Pope Benedict XV, 2010 — St. Bonaventure in all likelihood was born in 1217 and died in 1274. He was called Giovanni di Fidanza. As he himself recounts, an episode that occurred when he was still a boy, deeply marked his life. He fell seriously ill and even his father who was a doctor, gave up all hope of saving him from death. So his mother had recourse to the intercession of St. Francis of Assisi who had recently been canonized — and Giovanni recovered.



He conceived *The Minds Road to God* at Mount La Verna, where St. Francis received the stigmata. He describes what gave rise to this writing: *"While I meditated on the possible ascent of the mind to God ... that miracle occurred, namely, the vision of the winged Seraph in the form of a Crucifix. While meditating upon this vision, I immediately saw that it offered me the contemplative ecstasy of Fr. Francis himself, as well as the way that leads to it"*.

The six wings of the Seraph thus became the symbol of the six stages that leads man progressively from the knowledge of God, through the observation of the world and creatures and through the exploration of the soul itself with its faculties, to the satisfying union with the Trinity through Christ, in imitation of St. Francis. *"If you now yearn to know how that happens (mystical communion with God), ask grace, not doctrine; desire, not the intellect; the groaning of prayer, not the study of the letter; the spouse, not the teacher; God, not man; darkness not clarity; not light but the fire that inflames everything and transport to God with strong unction and burning affections ... We enter therefore into darkness, we silence worries, the passions and illusions; we pass with Christ Crucified from this world to the Father, so that, after having seen him, we may say with St. Philip: It is enough for me"*. St. Bonaventure's response should be made to sink to the depths of the heart.



# The 15th Sunday in Ordinary Time

## July 10, 2016



### POPE FRANCIS' PRAYER INTENTIONS FOR THE MONTH OF JULY

**UNIVERSAL:** That indigenous peoples, whose identity and very existence are threatened, be shown due respect.

**EVANGELIZATION:** That the Church in Latin America and the Caribbean, by means of her mission to the continent, may announce the Gospel with renewed vigor and enthusiasm.

### Announced Mass Intentions

#### Saturday, July 9

4:30 pm † Repose of the soul of James Ovens by Julianna Ovens  
† Repose of the soul of Michael Peake by his family

#### Sunday, July 10 - Fifteenth Sunday in Ordinary Time

9:00 am † Repose of the souls of Gertrude Johnson by Gord and Beryl Johnson  
11:00 am † Repose of the souls of Sybil and Shelton DeSilva by Sherene  
8:00 am † Pro Populo

#### Tuesday, July 12

6:30 pm † Intentions of Dennis Girard for his birthday by the family

#### Wednesday, July 13

9:30 am † —

#### Thursday, July 14

6:30 pm † —

#### Friday, July 15

9:30 am † —



#### Saturday, July 16

4:30 pm † Intentions of Luke and Norma

#### Sunday, July 17 - Sixteenth Sunday in Ordinary Time

9:00 am † Repose of the soul of Marguerite Kavanagh  
11:00 am † —  
8:00 am † Pro Populo

### Parish and Community News

#### CENTRETOWN EMERGENCY FOOD CENTRE NEEDS YOUR HELP!

There has been a decrease in donations and a 25% increase in clientele since January 2016. Every month the centre supplies food to more than 900 people, including families and refugee and we need your help to survive. CCSAC is organizing a **Walk-A-Thon for Oct 16** and we ask for support. Our website [www.centretownchurches.org](http://www.centretownchurches.org) has further information, registration, and options for pledges and donations. Please keep us in your prayers.

**BLESSED SACRAMENT SUMMER CAMP IS BACK!** Registration deadline is **NEXT Sunday, July 17**. VBS is here again and this time we are going on a "Jungle Safari"! VBS is open to those entering grades 1-6 in September 2016. Dates and Time: **Monday, July 25<sup>th</sup> through to Friday, July 29<sup>th</sup> from 9 am to Noon daily**. Cost: \$50/child OR \$90/two children per family OR \$135/three+ children per family. Cost includes all activities, lessons, materials and a daily snack! Info: Melissa at [melissa.monette83@gmail.com](mailto:melissa.monette83@gmail.com). Registration forms can be downloaded on our website or picked up at the office.

**SCHEDULING A BAPTISM?** If you would like to schedule a baptism at Blessed Sacrament, please contact Julia Moffat, our Baptismal Coordinator, at [knowthydog@yahoo.ca](mailto:knowthydog@yahoo.ca) or 613-721-1508.

### Faith Formation

**SUMMER INSTITUTE IN THE NEW EVANGELIZATION (SINE):** Ready to step up as a leader in the New Evangelization? The SINE is a collaboration between Catholic Christian Outreach, Mission of the Redeemer Ministries, and the Faculty of Theology at St. Paul University in Ottawa, from **August 8-17**. An intensive program with theological formation, practical ministry training and leadership skill development. Info: [cco.ca/sine](http://cco.ca/sine); (CCO Head Office (613-736-1999).

**UNBOUND FREEDOM IN CHRIST CONFERENCE:** Unbound Freedom In Christ Conference with Neal & Janet Lazano, supported by the Archdiocese of Ottawa, will be presenting a sound and practical way for Christians to receive greater freedom and enjoy the abundant life won for us by Christ's death and resurrection. It will take place at St. Thomas Aquinas Parish on **October 28th-29th**. For more info or to register, go to [www.catholicottawa.ca/unbound](http://www.catholicottawa.ca/unbound) or call Dan & Maria at 613-258-5501 or Anne 613-446-1960.

**ATTENTION TEACHERS - 2016 WOJTYLA SUMMER INSTITUTE FOR TEACHERS:** At Our Lady Seat of Wisdom in Barry's Bay, **August 4-7**. The theme is *Stewardship: Catholic Perspectives on the Environment*. Info: [www.seatofwisdom.org](http://www.seatofwisdom.org) at the Summer Institutes page.

### 2016/2017 School Registration

**WHY WAIT FOR FALL?** Register your child for the 2016-2017 school year at the Ottawa Catholic School Board's Summer Registration Centre. We welcome and encourage parents of elementary and intermediate students to visit the Centre at 570 West Hunt Club Rd, **Mon., July 4 - Fri., Aug. 26**; call 613-224-3171; or visit ([ocsb.ca/register](http://ocsb.ca/register)). High school students should call the school they will attend and make an appointment to register. Also located at the Centre, the Family Welcome Centre for Newcomers offers assistance to parents and their child whose first language is not English. Info: ([ocsb.ca/summer](http://ocsb.ca/summer)).

**MARYVALE ACADEMY OF OTTAWA ACCEPTING ENROLMENT APPLICATIONS FOR 2016-17:** *Making Disciples of Christ* through academic excellence and spiritual growth. JK-Grade 8; Bilingual programs 1-4, integrated religious formation, adoration chapel, weekly Mass & Confessions, language arts, math programs, science, history, geography, gym, sacred music, arts and Catholic culture. Info: 613-321-2186; [www.maryvaleacademy.ca](http://www.maryvaleacademy.ca).

### Diocesan News

**PRO-LIFE MASS:** The next Mass in the pilgrimage to pray for the establishment of a Pro-life Centre in Ottawa is at Our Lady of the Miraculous Medal Parish, 17 First Ave, Russell, **Saturday, July 23 at 11 am**.

**ANNIVERSARY OF LAUDATO SI':** Archbishop Prendergast recently wrote an article in the *Ottawa Sun* celebrating the anniversary of Pope Francis' environmental encyclical 'Laudato Si' — *On Care for Our Common Home* (<http://catholicottawa.ca>). Our Archbishop encourages us to read the encyclical (<http://w2.vatican.va>) and to live out its message in our parishes and in our personal lives.

**LA PIETA INTERNATIONAL PRAYER GROUP OF OTTAWA RETREAT & 20<sup>TH</sup> ANNIVERSARY:** Reflection, praise & worship, healing prayer and fine dining on **July 24, 12:30 p.m.**, Tudor Hall, 3750 N. Bowesville Rd. Speakers: Fr. John Vandenakker, CC; Deacon William Read, Annunciation; Emma DeGuzman, Foundress of La Pieta Prayer Group International. Register: [george@nedoborski.com](mailto:george@nedoborski.com), or call Shirley & George Nedoborski, 613-225-6529. Cost \$75.

### Pilgrimages for the Jubilee Year of Mercy

**THE DOOR OF MERCY AT NOTRE DAME CATHEDRAL BASILICA:** The Door of Mercy at Notre Dame Cathedral is the left front door closest to Guigues St. The Door of Mercy will be accessible Monday at 11:30 am - 5 pm; Tuesday to Friday 10 am - 5 pm and on Saturday and Sunday for the Masses.

**WORLD YOUTH DAY PILGRIMAGE:** Led by Fr. Jim Lowe, CC and Chaplain of the WSU Newman Catholic Center. We will be traveling to Budapest-Hungary, Krakow-Poland, and Prague-Czech Republic from **July 13-August 4**. Price \$ 3300 all inclusive. For more information, contact Stan & Maria ([sbielec@sympatico.ca](mailto:sbielec@sympatico.ca)).

### Prayers and Intentions

#### PARISH PRAYER LIST

We ask that you remember in your prayers all those in our parish community who are sick and in need of encouragement: Nancy Grover, Tom Rock, Frank Licari, Tom Ray, Kerri Lynn Bulger, Tyler Huneault, Paula Scott, Daphne Moffat, Jim Grover, Lynn Ashdown, Leighton Beacock, Daniel & Madeline McBride, Mrs. Teresa White, Ethel Morris, June McGuire, Ben Proctor, Mary Christine Spencer, Rick Tracey, Fr. Rory Brady, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Michael Quinn, Natalie Quinn, Rose Cutrara, Loren Cooper, Conrad Rock, Gloria Henderson, Richard Gehring, Bruce McCracken, Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Sebastian Parent, Debbie Lavallie, Yvonne Bulger, Suzanne Culleton, Joseph Hutchinson, Garry Stevenson, Marta Pappalardo and baby Dominic, Alex Neron, Joaquin Olivier Le Gras, Evelyn Beaudry, Brigitte and Victor Couwenbergh.

*To add a name to the list, please contact the parish office.*

#### POPE FRANCIS' INSPIRED PRAYER

Once more I invoke You HOLY SPIRIT. I implore You to come and renew Your Church! Open our cold hearts. Shake up our lukewarm, superficial spirituality. Make us fearlessly open to Your workings in us.

Anoint us with Divine Love in renewed experience of our salvation in the Crucified, Risen and Eucharistic Lord Jesus within us. Let us know experientially that Jesus Walks with us, Talks with us, Works with us — really Lives in us to cure the infinite sadness of the human race by the Infinite Merciful Love of God the Father.

Transform our life then by the encounter of God's Presence. Set our hearts ON FIRE with enthusiasm to go out boldly to evangelize all peoples — full of Your Fervor, Joy, Boundless Love, Attractiveness and Power.

We ask all of this through the great intercession of Mary, Mother of the Living Gospel and in the Name of the Lord Jesus, our Saviour God. AMEN!

#### WELCOME TO OUR NEW PARISHIONERS!

To register as a parishioner, please complete the information below and place it in the collection basket.

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ADDRESS: \_\_\_\_\_

POSTAL CODE: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

WOULD YOU LIKE OFFERTORY ENVELOPES? YES NO

WOULD YOU LIKE PRE-AUTHORIZED DEBIT? YES NO

(Envelopes and PAD forms are available in the front foyer)

#### PARISH FINANCIAL ADMINISTRATION — Collection on July 3, 2016: \$3,097.69

Help support our parish through the use of our 'Pre Authorized Donation' (PAD) service or by using a boxed set of envelopes. Using PAD makes donations easier and consistent, benefitting the parishioner and parish. PAD forms or envelope boxes can be picked up in the foyer of the Church. These are our primary source of support for the parish. **We wish to remind everyone to include our Parish in the bequeath section of their obituary notice. Please remember Blessed Sacrament Parish in your Will. Our Registered Charity is # 12896-7353-RR0092.**