

Because family matters!
613-235-6712
 kellyfh.ca/somerset
 Kelly Funeral Home
 Somerset Chapel
 by Arbor Memorial
 Arbor Memorial Inc.

Capital Home hardware
 736 Bank St. 613-234-6353

McKEEN metro Glebe
 www.metroglebe.com

PSYCHOLOGIST DR. BILL WINOGRON
 Brief Cognitive Therapy
 Adults & Couples
 Partly covered by most insurances.

 www.drwinogron.com
 613.258.8710

May Jaqui & St. Joseph sell your home!!!
 CALL TODAY
 613-725-1171
 Jaqui Cadieux
 Sales Representative

 ROYAL LePAGE
 Team Realty

Heritage Carpentry & Joinery & Company Inc.
 Brian Driver
 613 408 4287
 brian@heritagecarpentrycompany.com
 www.heritagecarpentrycompany.com

REMEMBER...
 Let our advertisers know that you saw their AD here.
 www.drwinogron.com
 613.258.8710

ROYAL LePAGE Team Realty
 Linda McCallum
 sales representative
 office 613.725.1171 dcell 613.720.5969 Linda@LindaMcCallum.com


systematix
 Systematix IT Solutions
 Serving the Ottawa public sector since 1989, we deliver the full spectrum of information Technology consulting in Finance, HR and business transformation.
 Best fit IT expertise.
 333 Preston Street, Suite 920, Ottawa
 T: 613-567-8939 www.systematix.com

Goldsmith MEDICAL TRANSPORT INC.
 Call 613-266-6098
 goldsmithmedical.ca
 Serving the Ottawa Valley - Non-critical transport

WHELAN FUNERAL HOME
 Tastefully updated facility
 Intimate Single Family Visitation
 515 Cooper Street
 Tel: 613-233-1488
 Family Owned & Operated Since 1925


SPITERI & URSULAK LLP LAWYERS
 OTTAWA and TORONTO
 613-563-1010 www.sulaw.ca

GLEBE TROTTERS
 860 Bank Street, Ottawa, ON K1S 3W3
 613 231-6331

Need a WILL?
 Estate Planning services in the Glebe.
 We do house calls!
McNAMARA LAW
 613-691-1020
 or email Erin@McNamaraLawServices.com

Messy Maid
 Makes Your Day!
 613-612-6243
 www.messymaid.com
 Worry-Free Cleaning Services

ROBERT A. LEWIS
 Law Office
 Over 35 Years of Service
 Wills • Estates
 Real Estate
 Small Business
 Free Consultation
 Free Parking
 40-2450 Lancaster Rd.
 Ottawa
 613-737-4000

THE MARK OF QUALITY
McEvoy Shields
 Funeral Home and Chapel
 1411 Hunt Club Rd. 613 737-7900

Liturgica
 Gifts and Souvenirs for all Religious Occasions
 1260 Old Innes Rd. Unit 602
 (Near Innes Rd. & St. Laurent Blvd.)
 613 745-1537

Hulse, Playfair & McGarry
 Funeral & Cremation Services / Services funéraires et de crémation
 Celebrating 90 years in your community!
 We offer complimentary seminars. For more information, please see our website.
 613-233-1143
 www.hpmcgarry.ca

YOUR AD HERE
PHONE 613 232 4891
Please Patronize Our Advertisers!
 For Advertising Space Call
613-232-4891



Blessed Sacrament Parish

194 Fourth Avenue, Ottawa ON K1S 2L6
 Office Telephone: 613•232•4891
 Email: office@blessedsacrament.ca
 Website: www.blessedsacrament.ca

The 16th Sunday in Ordinary Time — July 17, 2016

OFFICE HOURS
 CLOSED on Mondays
 Tuesday—Friday: 9:00 AM to 3:00 PM

PASTORAL STAFF
Fr. Galen Bank, CC
 Pastor
Fr. Francis Donnelly, CC
 Associate Pastor

To schedule an appointment, please contact the office at 613-232-4891.

PARISH STAFF
Kim Jennings
 Parish Administrator
 Phone: 613-232-4891
 Email: office@blessedsacrament.ca
Melissa Monette
 Youth Coordinator
 Phone: 613-868-2907 (after 6 PM only)
 Email: melissa.monette83@gmail.com

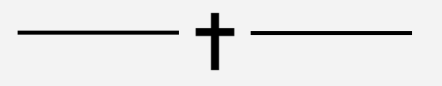
Nicolas Carnogursky
 Maintenance Custodian
 Phone: 613-712-2414
 Email: kolyacarn@yahoo.com

CELEBRATION OF THE EUCHARIST

SUNDAY MASS TIMES
 Saturday 4:30 PM
 Sunday 9:00 AM
 11:00 AM
 8:00 PM

WEEKDAY MASS TIMES
 Tuesday 6:30 PM
 Wednesday..... 9:30 AM
 Thursday 6:30 PM
 Friday 9:30 AM

RECONCILIATION
 Tuesday 6:00—6:30 PM
 Saturday 4:00—4:30 PM
 (or by appointment)



BAPTISMS
Julia Moffat, Coordinator
 Phone: 613-697-7966
 Email: knowthydog@yahoo.ca

COFFEE MINISTRY
Charlene White, Coordinator
 Phone: 613-225-4505
 Email: cmvw15@gmail.com

DECORATING COMMITTEE
Chris Moffat, Coordinator
 Phone: 613-316-0526
 Email: chrismoffat@me.com

GROUNDS KEEPING COMMITTEE
Sharon Quinn, Coordinator
 Phone: 613-523-2574
 Email: seaquinn@rogers.com

KNIGHTS OF COLUMBUS
Dave Mulcair, Liaison
 Phone: 613-807-0875
 Email: dmulcair@aol.com

R.C.I.A.
Gord Johnson, Coordinator
 Phone: 613-761-2895
 Email: gordjohnson@sympatico.ca

SOCIAL ACTION COMMITTEE (CENTRETOWN EMERGENCY FOOD CENTRE)
Joe Courtright, Liaison
 Email: centretownchurches@gmail.com

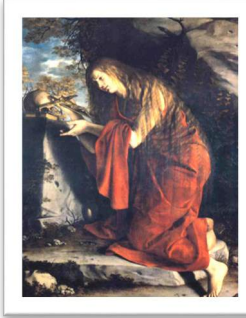
WEDDINGS
Carol Ann Parlato, Coordinator
 Phone: 613-852-4434 (after 5 PM only)
 Email: caparlato@gmail.com

YOUNG ADULTS SOCIAL GROUP
Karen Richard, Coordinator
 Email: bssgcatholic@yahoo.ca

YOUTH MINISTRY
Melissa Monette, Coordinator
 Phone: 613-868-2907 (after 6 PM only)
 Email: melissa.monette83@gmail.com



ST. MARY MAGDALENE — FEAST DAY: JULY 22
 Patroness of converts, contemplative life, repentant sinners, those ridiculed for their piety, perfumeries, pharmacists, sexual temptation, women, and many others.



VATICAN CITY — June 10, 2016: Recognizing St. Mary Magdalene's role as the first to witness Christ's resurrection and as a "true and authentic evangelizer", Pope Francis elevated the July 22 memorial of St. Mary Magdalene to a Feast on the Church's liturgical calendar. Archbishop Arthur Roche, Secretary of the Congregation wrote, "St. Mary Magdalene's feast day is a call to reflect more deeply on the dignity of women, the new evangelization and the greatness of the mystery of divine mercy". Taking from St. Thomas Aquinas he wrote, 'St. Mary Magdalene is Apostle of the Apostles because she was the one who announced Jesus' resurrection to them and the world'.

"Pope Francis has taken this decision precisely in the context of the Jubilee Year of Mercy, to highlight the relevance of this woman who showed great love for Christ and who was much loved by Christ". Pope Francis also highlighted Christ's Mercy toward a woman who was "exploited and despised by those who believed they were righteous, but she was loved and forgiven by him ... Her tears at Christ's empty tomb are a reminder that sometimes in our lives, tears are the lenses we need to see Jesus".

In July 2006, Pope Benedict XVI wrote, "The story of Mary of Magdala reminds us all of a fundamental truth. A disciple of Christ is one who, in the experience of human weakness, has had the humility to ask for His help, has been healed by Him and has set out following closely after Him, becoming a witness of the power of His Merciful Love that is stronger than sin and death."



The 16th Sunday in Ordinary Time

July 17, 2016



POPE FRANCIS' PRAYER INTENTIONS FOR THE MONTH OF JULY

UNIVERSAL: That indigenous peoples, whose identity and very existence are threatened, be shown due respect.

EVANGELIZATION: That the Church in Latin America and the Caribbean, by means of her mission to the continent, may announce the Gospel with renewed vigor and enthusiasm.

Announced Mass Intentions

Saturday, July 16

4:30 pm † Intentions of Luke and Norma

Sunday, July 17 - Sixteenth Sunday in Ordinary Time

9:00 am † Repose of the soul of Marguerite Kavanagh

† Repose of the soul of Siobhan Sheflin by Anne Sheflin

11:00 am † —

8:00 am † Pro Populo

Tuesday, July 19

6:30 pm † —

Wednesday, July 20

9:30 am † —

Thursday, July 21

6:30 pm † —

Friday, July 22

9:30 am † —

Saturday, July 23

4:30 pm † Intentions of the Donnelly and Ianiro families

Sunday, July 24--Seventeenth Sunday in Ordinary Time

9:00 am † Repose of the soul of James Dillon by Pat Dillon

11:00 am † —

8:00 am † Pro Populo



Parish and Community News

FINAL WEEKEND TO REGISTER! BLESSED SACRAMENT'S VBS SUMMER CAMP — Registration deadline is **THIS Sunday, July 17**. VBS is here again and this time we are going on a *Jungle Safari!* VBS is open to those entering grades 1–6 in September 2016. Dates and Time: **Monday, July 25th through to Friday, July 29th from 9 am to Noon daily**. Cost: \$50/child OR \$90/two children per family OR \$135/three+ children per family. Cost includes all activities, lessons, materials and a daily snack! Info: Melissa at melissa.monette83@gmail.com. Registration forms can be downloaded on our website or picked up at the office.



SCHEDULING A BAPTISM? If you would like to schedule a baptism at Blessed Sacrament, please contact Julia Moffat, our Baptismal Coordinator, at knowthydog@yahoo.ca or 613-721-1508.

CENTRETOWN EMERGENCY FOOD CENTRE NEEDS YOUR HELP!

There has been a decrease in donations and a 25% increase in clientele since January 2016. Every month the centre supplies food to more than 900 people, including families and refugee and we need your help to survive. CCSAC is organizing a **Walk-A-Thon for Oct 16** and we ask for support. Our website www.centretownchurches.org has further information, registration, and options for pledges and donations. Please keep us in your prayers.

Faith Formation

SUMMER INSTITUTE IN THE NEW EVANGELIZATION (SINE): Ready to step up as a leader in the New Evangelization? The SINE is a collaboration between Catholic Christian Outreach, Mission of the Redeemer Ministries, and the Faculty of Theology at St. Paul University in Ottawa, from **August 8—17**. An intensive program with theological formation, practical ministry training and leadership skill development. Info: (cco.ca/sine); (CCO Head Office (613-736-1999)).

UNBOUND FREEDOM IN CHRIST CONFERENCE: Unbound Freedom In Christ Conference with Neal & Janet Lazano, supported by the Archdiocese of Ottawa, will be presenting a sound and practical way for Christians to receive greater freedom and enjoy the abundant life won for us by Christ's death and resurrection. It will take place at St. Thomas Aquinas Parish on **October 28th—29th**. For more info or to register, go to www.catholicottawa.ca/unbound or call Dan & Maria at 613-258-5501 or Anne 613-446-1960.

2016/2017 School Registration

WHY WAIT FOR FALL? Register your child for the 2016-2017 school year at the Ottawa Catholic School Board's Summer Registration Centre. We welcome and encourage parents of elementary and intermediate students to visit the Centre at 570 West Hunt Club Rd, **Mon., July 4 – Fri., Aug. 26**; call 613-224-3171; or visit (ocsb.ca/register). High school students should call the school they will attend and make an appointment to register. Also located at the Centre, the Family Welcome Centre for Newcomers offers assistance to parents and their child whose first language is not English. Info: (ocsb.ca/summer).

MARYVALE ACADEMY OF OTTAWA ACCEPTING ENROLMENT APPLICATIONS FOR 2016-17: *Making Disciples of Christ* through academic excellence and spiritual growth. JK—Grade 8; Bilingual programs 1—4, integrated religious formation, adoration chapel, weekly Mass & Confessions, language arts, math programs, science, history, geography, gym, sacred music, arts and Catholic culture. Info: 613-321-2186; www.maryvaleacademy.ca.

Diocesan News

PRO-LIFE MASS: The next Mass in the pilgrimage to pray for the establishment of a Pro-life Centre in Ottawa is at Our Lady of the Miraculous Medal Parish, 17 First Ave, Russell, **Saturday, July 23 at 11 am**.

LA PIETA INTERNATIONAL PRAYER GROUP OF OTTAWA RETREAT & 20TH ANNIVERSARY: Reflection, praise & worship, healing prayer and fine dining on **July 24, 12:30 p.m.**, Tudor Hall, 3750 N. Bowesville Rd. Speakers: Fr. John Vandenakker, CC; Deacon William Read, Annunciation; Emma DeGuzman, Foundress of La Pieta Prayer Group International. Register: george@nedoborski.com, or call Shirley & George Nedoborski, 613-225-6529. Cost \$75.

ATTENTION TEACHERS! 2016 WOJTYLA SUMMER INSTITUTE FOR TEACHERS: At Our Lady Seat of Wisdom in Barry's Bay, **August 4—7**. The theme is *Stewardship: Catholic Perspectives on the Environment*. Info: (www.seatofwisdom.org) at the Summer Institutes page.

ANNIVERSARY OF LAUDATO SI': Archbishop Prendergast recently wrote an article in the *Ottawa Sun* celebrating the anniversary of Pope Francis' environmental encyclical *Laudato Si' - On Care for Our Common Home* (<http://catholicottawa.ca>). Our Archbishop encourages us to read the encyclical (<http://w2.vatican.va>) and to live out its message in our parishes and in our personal lives.

Pilgrimages for the Jubilee Year of Mercy

THE DOOR OF MERCY AT NOTRE DAME CATHEDRAL BASILICA: The Door of Mercy at Notre Dame Cathedral is the left front door closest to Guigues St. The Door of Mercy will be accessible Monday at 11:30 am - 5 pm; Tuesday to Friday 10 am - 5 pm and on Saturday and Sunday for the Masses.

Prayers and Intentions

PARISH PRAYER LIST

We ask that you remember in your prayers all those in our parish community who are sick and in need of encouragement: Nancy Grover, Tom Rock, Frank Licari, Tom Ray, Kerri Lynn Bulger, Tyler Huneault, Paula Scott, Daphne Moffat, Jim Grover, Lynn Ashdown, Leighton Beacock, Daniel & Madeline McBride, Mrs. Teresa White, Ethel Morris, June McGuire, Ben Proctor, Mary Christine Spencer, Rick Tracey, Fr. Rory Brady, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Michael Quinn, Natalie Quinn, Rose Cutrara, Loren Cooper, Conrad Rock, Gloria Henderson, Richard Gehring, Bruce McCracken, Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Sebastian Parent, Debbie Lavallie, Yvonne Bulger, Suzanne Culleton, Joseph Hutchinson, Garry Stevenson, Marta Pappalardo and baby Dominic, Alex Neron, Joaquin Olivier Le Gras, Evelyn Beaudry, Brigitte and Victor Couwenbergh.

To add a name to the list, please contact the parish office.

THE CANADIAN CONFERENCE OF CATHOLIC BISHOPS (CCCB) PRESIDENT, MOST REV. DOUGLAS CROSBY, OMI, BISHOP OF HAMILTON — A STATEMENT ON THE RECENT APPROVAL OF BILL C-14 LEGALIZING EUTHANASIA AND ASSISTED SUICIDE:

The recent approval of **Bill C-14**, which legalizes euthanasia and assisted suicide in our country, stands as an appalling landmark decision in our country, stands as an appalling landmark decision to the utter failure of government, and indeed all society, to care truly, authentically and humanely for the suffering and vulnerable in our midst. We live in a country where the vast majority of the dying cannot access quality palliative or home care, where rates of suicide in many Indigenous communities are staggeringly high, and where it is suggested that the lives of the vulnerable, chronically ill and disabled persons are not worth living. Paradoxically, and most unfortunately, our society has now enshrined in law that killing is a respectable way to end suffering. Our country's growing inability to recognize the sanctity of human life is staggering and deeply troubling — **To read the entire text, go to — <http://www.cccb.ca/site/eng/media-room/statements-a-letters/4523-statement-by-ccb-president-on-the-recent-approval-of-bill-c-14-legalizing-euthanasia-and-assisted-suicide>**.

WELCOME TO OUR NEW PARISHIONERS!

To register as a parishioner, please complete the information below and place it in the collection basket.

NAME: _____

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

EMAIL ADDRESS: _____

WOULD YOU LIKE OFFERTORY ENVELOPES? YES NO

WOULD YOU LIKE PRE-AUTHORIZED DEBIT? YES NO

(Envelopes and PAD forms are available in the front foyer)

PARISH FINANCIAL ADMINISTRATION — Collection on July 10, 2016: \$2,629.51

Help support our parish through the use of our 'Pre Authorized Donation' (PAD) service or by using a boxed set of envelopes. Using PAD makes donations easier and consistent, benefitting the parishioner and parish. PAD forms or envelope boxes can be picked up in the foyer of the Church. These are our primary source of support for the parish. **We wish to remind everyone to include our Parish in the bequeath section of their obituary notice. Please remember Blessed Sacrament Parish in your Will. Our Registered Charity is # 12896-7353-RR0092.**