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 Website: www.blessedsacrament.ca

The 19th Sunday in Ordinary Time — August 7, 2016

OFFICE HOURS
 CLOSED on Mondays
 Tuesday to Friday: 9:00 AM—3:00 PM

PASTORAL STAFF
Fr. Galen Bank, CC
 Pastor
Fr. Francis Donnelly, CC
 Associate Pastor

To schedule an appointment, please contact the office at 613-232-4891.

PARISH STAFF
Kim Jennings
 Parish Administrator
 Phone: 613-232-4891
 Email: office@blessedsacrament.ca

Melissa Monette
 Youth Coordinator
 Phone: 613-868-2907 (after 6 PM only)
 Email: melissa.monette83@gmail.com

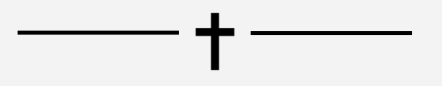
Nicolas Carnogursky
 Maintenance Custodian
 Phone: 613-712-2414
 Email: kolyacarn@yahoo.com

CELEBRATION OF THE EUCHARIST

SUNDAY MASS TIMES
 Saturday 4:30 PM
 Sunday 9:00 AM
 11:00 AM
 8:00 PM

WEEKDAY MASS TIMES
 Tuesday 6:30 PM
 Wednesday..... 9:30 AM
 Thursday 6:30 PM
 Friday 9:30 AM

RECONCILIATION
 Tuesday 6:00—6:30 PM
 Saturday 4:00—4:30 PM
 (or by appointment)



BAPTISMS
Julia Moffat, Coordinator
 Phone: 613-697-7966
 Email: knowthydog@yahoo.ca

COFFEE MINISTRY
Charlene White, Coordinator
 Phone: 613-225-4505
 Email: cmvw15@gmail.com

DECORATING COMMITTEE
Chris Moffat, Coordinator
 Phone: 613-316-0526
 Email: chrismoffat@me.com

CHURCH GROUNDS COMMITTEE
Sharon Quinn, Coordinator
 Phone: 613-523-2574
 Email: seaquinn@rogers.com

KNIGHTS OF COLUMBUS
Dave Mulcair, Liaison
 Phone: 613-807-0875
 Email: dmulcair@aol.com

R.C.I.A.
Gord Johnson, Coordinator
 Phone: 613-761-2895
 Email: gordjohnson@sympatico.ca

SOCIAL ACTION COMMITTEE (CENTRETOWN EMERGENCY FOOD CENTRE)
Joe Courtright, Liaison
 Email: centretownchurches@gmail.com

WEDDINGS
Carol Ann Parlato, Coordinator
 Phone: 613-852-4434 (after 5 PM only)
 Email: caparlato@gmail.com

YOUNG ADULTS SOCIAL GROUP
Karen Richard, Coordinator
 Email: bssgcatholic@yahoo.ca

YOUTH MINISTRY
Melissa Monette, Coordinator
 Phone: 613-868-2907 (after 6 PM only)
 Email: melissa.monette83@gmail.com



A SPECIAL THANK YOU

We wish to extend a special thank you to our Church Grounds Committee who have been doing a wonderful job of maintaining our flowers and plants ... and painstakingly removing weeds and crabgrass from our lawn. Rain or shine, they arrive with joyful serving hearts as they care for our Church grounds.

May God Bless you for all your hard work and dedication.

With appreciation and many thanks,
 Fr. Galen and Fr. Francis





The 19th Sunday in Ordinary Time

August 7, 2016



POPE FRANCIS' PRAYER INTENTIONS FOR THE MONTH OF AUGUST

UNIVERSAL: That sports may be an opportunity for friendly encounters between peoples and may contribute to peace in the world.

EVANGELIZATION: That Christians may live the Gospel, giving witness to faith, honesty, and love of neighbour.

Announced Mass Intentions

Saturday, August 6

4:30 pm † —

Sunday, August 7— 19th Sunday in Ordinary Time

9:00 am † Repose of the soul of Ron Culleton by Suzanne and family

11:00 am † Repose of the soul of Margarite Kavanagh

8:00 am † Pro Populo

Tuesday, August 9

6:30 pm † —

Wednesday, August 10

9:30 am † —

Thursday, August 11

6:30 pm † —

Friday, August 12

9:30 am † —

Saturday, August 13

4:30 pm † —

Sunday, August 14— 20th Sunday in Ordinary Time

9:00 am † Repose of the soul of Alex & Gertrude Johnson by Gord & Beryl Johnson

11:00 am † —

8:00 am † Pro Populo

PARISH FINANCIAL ADMINISTRATION

Collection for July 31, 2016: \$ 2,505.90

Help support our parish through the use of our 'Pre-Authorized Donation' (PAD) service or by using a boxed set of envelopes. Using PAD makes donations easier and consistent, benefitting the parishioner and parish. PAD forms or envelope boxes can be picked up in the foyer of the Church. These are our primary source of support for the parish. **We wish to remind everyone to include our Parish in the bequeath section of their obituary notice. Please remember Blessed Sacrament Parish in your Will. Our Registered Charity number is # 12896-7353-RR0092.**

Parish and Community News

WIDOWS AND WIDOWERS: Blessed Sacrament Faith Based Social group for Widows and Widowers will meet at Malones Restaurant at Dows Lake on **September 8th at 6:00 pm**. Hope you can join us! Coordinators: Thea Boyd 613-521-2082 and Shirley Hamre 613-824-0692. *Reservations a must!*



SCHEDULING A BAPTISM?

If you would like to schedule a Baptism at Blessed Sacrament, please contact Julia Moffat, our Baptismal Coordinator, by email: knowthydog@yahoo.ca or call 613-721-1508.

Faith Formation

BLESSED SACRAMENT PARISH BIBLE STUDY: JOURNEY THROUGH SCRIPTURE — GENESIS TO JESUS:



Produced by Dr. Scott Hahn and the St. Paul Center for Biblical Theology-USA, this Bible Study is being offered at **Blessed Sacrament Parish** and can be enjoyed no matter the level of one's familiarity with the Bible. Great refresher for some. Totally new for others. Participants will come away from the study with a compelling overview of the Bible. Come join us for 11 Sunday evenings, **Sep 11 to Nov 27, 2016; 6:00 pm to 7:45 pm**. (Please note — no session on Oct 9). Cost of \$35 includes workbook. To register, please call or text Dave Mulcair at 613-807-0875 or email at: bible4faith@gmail.com. *Let your friends and family know!*

UNBOUND FREEDOM IN CHRIST CONFERENCE: Unbound Freedom in Christ Conference with Neal & Janet Lazano, St. Thomas Aquinas Parish on **October 28th—29th**, will be presenting a sound and practical way for Christians to receive greater freedom and enjoy the abundant life won for us by Christ's death and resurrection. For more information to register, call Dan or Maria at 613-285-5501, or call Anne at 613-446-1960, or go to www.catholicottawa.ca/unbound.

NIGHT OF WORSHIP AND MINISTRY: St. Mary's Parish, 100 Young St. on **Friday, August 26 from 7—9 pm**. Speaker: Fr. Francis Ching, CCD. Prayer Teams available and reception to follow.

HEALTHCARE PROVIDERS — 2016 ACTHEALS INTERNATIONAL ANNUAL CONFERENCE: 'Cultivating Mercy in Healthcare — A Christian Model for Healing', **September 22—25, Holiday Inn, Toronto International Airport**. Join Dr. Ken Fung and a team of Healthcare Professionals as they share their journeys in medicine, psychology, spiritual growth and healing. For more information, go to www.actheals.org or call 416-675-7611.

2016/2017 School Registration

OTTAWA CATHOLIC SCHOOL BOARD'S SUMMER REGISTRATION CENTRE: To register your child for the 2016-2017, parents of elementary and intermediate students are encouraged to visit the Centre at 570 West Hunt Club Rd, **Monday to Friday until August 26**; call 613-224-3171; or visit (ocsb.ca/register). High school students should call the school they will attend and make an appointment to register. The Centre's 'Family Welcome Centre for Newcomers' offers assistance to parents whose child's first language is not English. Info: (ocsb.ca/summer).

MARYVALE ACADEMY OF OTTAWA ACCEPTING ENROLMENT APPLICATIONS FOR 2016—2017: *Making Disciples of Christ* through academic excellence and spiritual growth. JK—Grade 8; Bilingual programs 1—4, integrated religious formation, adoration chapel, weekly Mass & Confessions, language arts, math programs, science, history, geography, gym, sacred music, arts and Catholic culture. Info: 613-321-2186; www.maryvaleacademy.ca.

Diocesan News

PRO-LIFE MASS: The next Mass in the pilgrimage to pray for the establishment of a Pro-life Centre in Ottawa is at St. Edith Stein Parish, 1646 Landry St., Clarence Creek on **Saturday, August 13, 11:00 a.m.** Info: (613-831-2515).

YOUTH MINISTRY COORDINATOR: Our Lady of the Miraculous Medal Parish is seeking a highly motivated and committed Catholic to work as a Youth Ministry Coordinator to evangelize and disciple our youth to come into a real relationship with Jesus and grow strong in their faith and identity. Please send applications to Fr. Paul Nwaeze at frpaulcn@yahoo.com or by regular mail. Include a cover letter introducing yourself, resume, and two reference letters. **Application deadline is August 12, 2016.** For further detail, please visit our website at olmm.ca.

Pilgrimages for the Jubilee Year of Mercy

THE DOOR OF MERCY AT NOTRE DAME CATHEDRAL BASILICA: The Door of Mercy at Notre Dame Cathedral is the left front door closest to Guigues St. The Door of Mercy will be accessible Monday at 11:30 am—5 pm; Tuesday to Friday 10 am—5 pm and on Saturday and Sunday for the Masses.

PILGRIMAGE TO CAP-DE-LA-MADELEINE FOR SENIORS, THE PHYSICALLY CHALLENGED, AND THOSE ASSISTING THEM: Organized by St. George Parish, with coordination by the Legion of Mary. **September 9, 10 & 11, 2016.** Cost includes transportation, meals (except Friday lunch en-route) and two nights accommodation at Hôtel Maison de la Madonne: Single-\$394; Double-\$331; and Triple-\$322. Pick up at St. George, 415 Piccadilly and Good Shepherd, 3092 Innes Rd. **Reservations** and info: Cheryl Clingaman at 613-728-5687.

Parish Community Prayers

OUR PRAYER LIST

We ask that you remember in your prayers all those in our parish community who are sick and in need of encouragement: Nancy Grover, Tom Rock, Frank Licari, Tom Ray, Kerri Lynn Bulger, Tyler Huneault, Paula Scott, Daphne Moffat, Jim Grover, Lynn Ashdown, Leighton Beacock, Daniel & Madeline McBride, Mrs. Teresa White, Ethel Morris, June McGuire, Ben Proctor, Mary Christine Spencer, Rick Tracey, Fr. Rory Brady, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Michael Quinn, Natalie Quinn, Rose Cutrara, Loren Cooper, Conrad Rock, Gloria Henderson, Richard Gehring, Bruce McCracken, Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Sebastian Parent, Debbie Lavallie, Yvonne Bulger, Joseph Hutchinson, Garry Stevenson, Marta Pappalardo and baby Dominic, Alex Neron, Joaquin Olivier Le Gras, Evelyn Beaudry, Brigitte and Victor Couwenbergh, and Sebastien Parent.

To add a name to the list, please contact the parish office.

AUGUST 9 – AUGUST 17 (PERPETUAL NOVENA)



O Little Thérèse of the Child Jesus, please pick for me a rose from the heavenly garden and send it to me as a message of love.

O Little Flower of Jesus, ask God to grant the favours I now place with confidence in your hands.

(Based on section 16, paragraph 1 of Misericordiae Vultus.)

St. Thérèse, please ask God to open our eyes to be able to identify the new forms of slavery in modern society in which we have been enslaved. Ask Him to help us cut any invisible bonds with anything that may be keeping us from growing closer to Him.

St. Thérèse, help me to always believe as you did in God's great love for me, so that I may imitate your "Little Way" each day. AMEN.

WELCOME TO OUR NEW PARISHIONERS!

To register as a parishioner, please complete the information below and place it in the collection basket.

NAME: _____

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

EMAIL ADDRESS: _____

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WOULD YOU LIKE PRE-AUTHORIZED DEBIT? YES NO

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