

Because family matters!
613-235-6712
 kellyfh.ca/somerset
 Kelly Funeral Home
 Somerset Chapel
 by Arbor Memorial
 Arbor Memorial Inc.

Capital Home hardware
 736 Bank St. 613-234-6353

McKEEN metro Glebe
 www.metroglebe.com

PSYCHOLOGIST DR. BILL WINOGRON
 Brief Cognitive Therapy
 Adults & Couples
 Partly covered by most insurances.

www.drwinogron.com
 613.258.8710

May Jaqui & St. Joseph sell your home!!!
 CALL TODAY
 613-725-1171
 Jaqui Cadieux
 Sales Representative

ROYAL LePAGE Team Realty

Heritage Carpentry & Joinery & Company Inc.
 Brian Driver
 613 408 4287
 brian@heritagecarpentrycompany.com
 www.heritagecarpentrycompany.com

REMEMBER...
 Let our advertisers know that you saw their AD here.
ROYAL LePAGE Team Realty
 Linda McCallum
 sales representative
 office 613.725.1171 doreen 613.720.5969 Linda@LindaMcCallum.com


systematix
 Systematix IT Solutions
 Serving the Ottawa public sector since 1989, we deliver the full spectrum of information Technology consulting in Finance, HR and business transformation.
 Best fit IT expertise.
 333 Preston Street, Suite 920, Ottawa
 T: 613-567-8939 www.systematix.com

Goldsmith MEDICAL TRANSPORT INC.
 Call 613-266-6098
 goldsmithmedical.ca
 Serving the Ottawa Valley - Non-critical transport

Need a WILL?
 Estate Planning services in the Glebe.
 We do house calls!
McNAMARA LAW
 613-691-1020
 or email Erin@McNamaraLawServices.com

WHELAN FUNERAL HOME
 Tastefully updated facility
 Intimate Single Family Visitation
 515 Cooper Street
 Tel: 613-233-1488
 Family Owned & Operated Since 1925


SPITERI & URSULAK LLP
 LAWYERS
 OTTAWA and TORONTO
 613-563-1010 www.sulaw.ca

GLEBE TROTTERS
 860 Bank Street, Ottawa, ON K1S 3W3
 613 231-6331

Messy Maid
 Makes Your Day!
 613-612-6243
 www.messymaid.com
 Worry-Free Cleaning Services

ROBERT A. LEWIS
 Law Office
 Over 35 Years of Service
 Wills • Estates
 Real Estate
 Small Business
 Free Consultation
 Free Parking
 40-2450 Lancaster Rd.
 Ottawa
 613-737-4000

THE MARK OF QUALITY.
McEvoy Shields
 Funeral Home and Chapel
 1411 Hunt Club Rd. 613 737-7900

Liturgica
 Gifts and Souvenirs for all Religious Occasions
 1260 Old Innes Rd. Unit 602
 (Near Innes Rd. & St. Laurent Blvd.)
 613 745-1537

YOUR AD HERE

PHONE 613 232 4891

Hulse, Playfair & McGarry
 Funeral & Cremation Services / Services funéraires et de crémation
 Celebrating 90 years in your community!
 We offer complimentary seminars. For more information, please see our website.
 613-233-1143
 www.hpmcgarry.ca



Blessed Sacrament Parish

194 Fourth Avenue, Ottawa ON K1S 2L6
 Office Telephone: 613-232-4891
 Email: office@blessedsacrament.ca
 Website: www.blessedsacrament.ca

The 21st Sunday in Ordinary Time — August 21, 2016

OFFICE HOURS
 CLOSED on Mondays
 Tuesday to Friday: 9:00 AM—3:00 PM


PASTORAL STAFF
Fr. Galen Bank, CC
 Pastor
Fr. Francis Donnelly, CC
 Associate Pastor

To schedule an appointment, please contact the office at 613-232-4891.

PARISH STAFF
Kim Jennings
 Parish Administrator
 Phone: 613-232-4891
 Email: office@blessedsacrament.ca

Melissa Monette
 Youth Coordinator
 Phone: 613-868-2907 (after 6 PM only)
 Email: melissa.monette83@gmail.com

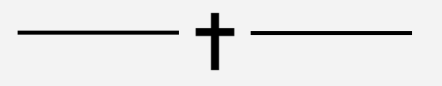
Nicolas Carnogursky
 Maintenance Custodian
 Phone: 613-712-2414
 Email: kolyacarn@yahoo.com

 **CELEBRATION OF THE EUCHARIST**

SUNDAY MASS TIMES
 Saturday 4:30 PM
 Sunday 9:00 AM
 11:00 AM
 8:00 PM

WEEKDAY MASS TIMES
 Tuesday 6:30 PM
 Wednesday 9:30 AM
 Thursday 6:30 PM
 Friday 9:30 AM

RECONCILIATION
 Tuesday 6:00—6:30 PM
 Saturday 4:00—4:30 PM
 (or by appointment)



MINISTRIES

BAPTISMS
Julia Moffat, Coordinator
 Phone: 613-697-7966
 Email: knowthydog@yahoo.ca

COFFEE MINISTRY
Charlene White, Coordinator
 Phone: 613-225-4505
 Email: cmvw15@gmail.com

CONFIRMATION PREPARATION CLASSES
Michael Schreider, Coordinator
 Email: michael.schreider@ocsb.ca

DECORATING COMMITTEE
Chris Moffat, Coordinator
 Phone: 613-316-0526
 Email: chrismoffat@me.com

CHURCH GROUNDS COMMITTEE
Sharon Quinn, Coordinator
 Phone: 613-523-2574
 Email: seaquinn@rogers.com

KNIGHTS OF COLUMBUS
Dave Mulcair, Liaison
 Phone: 613-807-0875
 Email: dmulcair@aol.com

R.C.I.A.
Gord Johnson, Coordinator
 Phone: 613-761-2895
 Email: gordjohnson@sympatico.ca

SOCIAL ACTION COMMITTEE (CENTRETOWN EMERGENCY FOOD CENTRE)
Joe Courtright, Liaison
 Email: centretownchurches@gmail.com

WEDDINGS
Carol Ann Parlato, Coordinator
 Phone: 613-852-4434 (after 5 PM only)
 Email: caparlato@gmail.com

YOUNG ADULTS SOCIAL GROUP
Karen Richard, Coordinator
 Email: bssgcatholic@yahoo.ca

YOUTH MINISTRY
Melissa Monette, Coordinator
 Phone: 613-868-2907 (after 6 PM only)
 Email: melissa.monette83@gmail.com



Companions of the Cross

Priestly Anniversaries Mass & Commitment Mass of Seminarians in Temporary Commitment
St. Maurice Parish, 4 Perry Street, Ottawa ON
August 29, 2016 — 7:00 pm to 8:30 pm

Come and join us at St. Maurice Parish, Ottawa, to celebrate the anniversaries of the brothers before they head-off to the General Assembly. The seminarians in Temporary Commitment will also be renewing their promises. Four seminarians will be making their first promises. Many of the Companions of the Cross priests and seminarians will be at this celebration.

Ordination Anniversaries we are celebrating this year are:

- * Fr. Dennis Hayes (30 years)
- * Bp. Christian Riesbeck (20 years)
- * Fr. Yves Marchildon (20 years)
- * Fr. Galen Bank (15 years)
- * Fr. John Fletcher (15 years)
- * Fr. Jerry Gauvreau (15 years)
- * Fr. Ben St. Croix (15 years)
- * Fr. Jim Lowe (5 years)

Seminarians making their first promises are:

- * Daniel Hudec
- * Isaac Longworth
- * Daniel Ramos
- * Chris Zettel

Please keep them in your prayers as they mark this milestone in their journey to the priesthood.

Giving Thanks to God — and we're hosting!!



Come and join the Companions of the Cross for an Hour of Adoration to pray for their newly elected Moderator and Executive Council.

Where: Blessed Sacrament Parish
Date: Friday, Sept 2 at 7:30 pm
 All are welcome!



The 21st Sunday in Ordinary Time

August 21, 2016



POPE FRANCIS' PRAYER INTENTIONS FOR AUGUST

UNIVERSAL: That sports may be an opportunity for friendly encounters between peoples and may contribute to peace in the world.

EVANGELIZATION: That Christians may live the Gospel, giving witness to faith, honesty, and love of neighbour.

Announced Mass Intentions

Saturday, August 20

4:30 pm † —

Sunday, August 21 — 21st Sunday in Ordinary Time

9:00 am † Repose of the soul of Mrs. Janet King by her family

11:00 am † Repose of the soul of Patricio Quema

8:00 am † Pro Populo

Tuesday, August 23

6:30 pm † For intentions of Lisa Nagy by Terry & Geri

Wednesday, August 24

9:30 am † —

Thursday, August 25

6:30 pm † —

Friday, August 26

9:30 am † —

Saturday, August 27

4:30 pm † —

Sunday, August 28 — 22nd Sunday in Ordinary Time

9:00 am † Repose of the soul of Lucille Nolan and the deceased members of her family by Cheryl Kelly

11:00 am † Repose of the soul of Marguerite Kavanagh
† Repose of the souls of Chris and Mike Quinn by the family

8:00 am † Pro Populo




Parish and Community News

BLESSED SACRAMENT PARISH BIBLE STUDY JOURNEY THROUGH SCRIPTURE — GENESIS TO JESUS: Produced by Dr. Scott Hahn and the St. Paul Center for Biblical Theology-USA, we are offering this Bible Study that can be enjoyed no matter the level of one's familiarity with the Bible. Great refresher for some; totally new for others. You will come away from the study with a compelling overview of the Bible. Join us for 11 Sunday evenings, **Sep 11 to Nov 27, 2016; 6 pm to 7:45 pm.** (Note: no session on Oct 9). Cost \$35 & includes workbook. Call or text Dave Mulcair at 613-807-0875 or email bible4faith@gmail.com. *Let your friends and family know!*

MOST BLESSED SACRAMENT FAITH SHARING GROUP: You are invited to join fellow parishioners as part of a small faith sharing community. Grow in your faith as you gather in community to pray, reflect, discuss, and have fellowship. These structured sessions provide the perfect entry for those new to the parish, for those looking to deepen their faith following the ebb and flow of the liturgical year, for those looking for greater community and fellowship, and for those who want to experience their faith in a small group setting. We will gather on Wednesday evenings at 7pm beginning on Sep 14th; Oct 12th and 28th; and Nov 16th. If you are interested or would like more information please contact Jennifer Huestis at 613-422-1117, email jenhustis@rogeres.com or Sharon Singleton at 613-619-6091, email singletonslm@gmail.com.

WIDOWS AND WIDOWERS: Blessed Sacrament Faith Based Social group for Widows FAFAF and Widowers will meet at Malones Restaurant at Dows Lake on **September 8th at 6:00 pm.** Hope you can join us! For more info, coordinators: Thea Boyd 613-521-2082 and Shirley Hamre 613-824-0692. **Reservations a must!**



IGNITE Youth Ministry Kick-Off!
FRIDAY, September 30, 2016
 * Grades 4 – 6 (6:00 – 7:30pm)
 * Grades 7 – 12 (7:45 – 9:30pm)

BLESSED SACRAMENT'S IGNITE YOUTH MINISTRY FALL KICK-OFF: *Our new program is made just for you!* Want to make some new friends, catch some Pokémon and learn about God? ... then join us for this awesome, action packed night!! Invite your siblings, family and friends!

- Everyone in **Grades 4, 5 and 6** are invited to join us on **Friday, Sep 30 from 6 to 7:30 pm** for our **IGNITE Youth Ministry kick-off!**
- Everyone in **Grades 7—12** are invited to our **BSYG KICK-OFF Night** on **Friday, Sep 30 from 7:45 to 9:30 pm!**

For more information, contact Melissa at the parish office or email: melissa.monette83@gmail.com.


Volunteers needed! If you would like to volunteer from 6:00pm to 7:30pm for the Grades 4—6 Youth Ministry night, please contact Melissa at melissa.monette83@gmail.com. We would love your help! **HIGH SCHOOL VOLUNTEER HOURS ARE AVAILABLE!!**

VISITING US NEXT WEEKEND — COUPLES FOR CHRIST'S GIFT OF LIFE MINISTRY AND THE ARCHDIOCESE invite you to a conference entitled "In God's Divine Image – Theology of the Body and the Family", with Katrina Zeno, MTS on **Saturday, October 15, 2016** from 8am to 3:30pm at Divine Infant Church, 6658 Bilberry Drive Orleans. Open to anyone 16 years and older. **TICKETS WILL BE AVAILABLE NEXT WEEKEND (AUG 27/28) AFTER EACH MASS** — \$20 each; 3 or more tickets (family rate) \$15. Info: call *Couples for Christ* at 613-834-1830 or 613-355-9214; www.cfcottawa.org/2016giftoflifeconfottawa; or email golconferenceott@gmail.com;

NIGHT OF WORSHIP AND MINISTRY: St. Mary's Parish, 100 Young St. **NEXT Friday, August 26 from 7—9 pm.** Speaker: Fr. Francis Ching, CCD. Prayer Teams and reception to follow.

Confirmation Prep Course Registration Day

REGISTRATION DAY — SATURDAY, SEPTEMBER 24 AT 10:30 AM PREPARATION COURSE FOR THE SACRAMENT OF CONFIRMATION:

 Registration for children in Grade 6 or above, who wish to receive the **Sacrament of Confirmation**, will take place in the Church on **Sat, Sep 24 at 10:30am.** In order to receive this sacrament, students **must:**

- ✓ Complete the Confirmation courses through the church; and
- ✓ Have already completed the Sacrament of **Reconciliation** and received **First Holy Communion.**

Please ensure you bring a copy of your **child's Baptismal Certificate** and \$20.00 fee (cash or cheques made payable to *Blessed Sacrament Church*).

PLESAE NOTE: The Confirmation course has not been scheduled yet but will take place on Wednesday evenings from 6:30 to 8:00 pm at Corpus Christi School. More information will be given on registration day. If you have any questions, please email michael.schreider@ocsb.ca.

Diocesan News

CORRECTION—PRO-LIFE MASS: The next Mass in the pilgrimage to pray for the establishment of an Ottawa Pro-life Centre is at Saint Gabriel Parish (*bilingual*), 55 Appleford St., Gloucester **THIS Saturday, Aug 27 at 11am.** Info: 613-831-2515.

ANNUAL ARCHBISHOP'S CHARITY DINNER: Most Rev. Terrance Prendergast cordially invites you to a fundraising event in support of life and palliative care on **Thurs, Oct 20 at 7pm**, Ottawa Conference Centre, 200 Coventry Rd. Ottawa. Beneficiaries are Action Life and Bruyère Continuing Care and tickets are \$130/person (\$60 tax receipt) or \$1,170/table of 9. Ticket Order Forms are located at back of Church—submission deadline is Friday, September 30. For further info, please call 613-738-5025, ext. 202 or email dev@archottawa.ca.

UNBOUND FREEDOM IN CHRIST CONFERENCE: Unbound Freedom in Christ Conference with Neal & Janet Lazano, St. Thomas Aquinas Parish on **October 28th—29th**, will be presenting a sound and practical way for Christians to receive greater freedom and enjoy the abundant life won for us by Christ's death and resurrection. For more info to register, call Dan or Maria at 613-285-5501, or Anne at 613-446-1960, or go to www.catholicottawa.ca/unbound.


Parish Community Prayers

OUR PRAYER LIST

We ask that you remember in your prayers all those in our parish community who are sick and in need of encouragement: Nancy Grover, Tom Rock, Frank Licari, Tom Ray, Kerri Lynn Bulger, Tyler Huneault, Paula Scott, Daphne Moffat, Jim Grover, Leighton Beacock, Daniel & Madeline McBride, Mrs. Teresa White, Ethel Morris, June McGuire, Ben Proctor, Mary Christine Spencer, Rick Tracey, Fr. Rory Brady, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Michael Quinn, Natalie Quinn, Rose Cutrara, Loren Cooper, Gloria Henderson, Richard Gehring, Bruce McCracken, Conrad Rock, Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Debbie Lavallie, Yvonne Bulger, Joseph Hutchinson, Garry Stevenson, Alex Neron, Marta Pappalardo and baby Dominic, Joaquin Olivier LeGras, Evelyn Beaudry, Brigitte and Victor Couwenbergh, Sebastien Parent, Jim Morgan and Thérèse Cochlin.

To add a name to the list, please contact the parish office.

AUGUST 27 — SEPTEMBER 4 (PERPETUAL NOVENA)

 *O Little Thérèse of the Child Jesus*, please pick for me a rose from the heavenly garden and send it to me as a message of love.

O Little Flower of Jesus, ask God to grant the favours I now place with confidence in your hands.

(Based on section 17, paragraph 4 of Misericordiae Vultus)

St. Thérèse, our Little Flower, please ask God to grant our confessors the grace to welcome penitents with open arms rejoicing just as the father of the prodigal son rejoiced!

St. Thérèse, help me to always believe as you did in God's great love for me, so that I may imitate your "Little Way" each day. AMEN.

WELCOME TO OUR NEW PARISHIONERS!

To register as a parishioner, please complete the information below and place it in the collection basket.

NAME: _____

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

EMAIL ADDRESS: _____

WOULD YOU LIKE OFFERTORY ENVELOPES? YES NO
 WOULD YOU LIKE PRE-AUTHORIZED DEBIT? YES NO
 (Envelopes and PAD forms are available in the front foyer)

PARISH FINANCIAL ADMINISTRATION

Collection for August 7, 2016: \$ 3,587.21

Help support our parish through the use of our 'Pre-Authorized Donation' (PAD) service or by using a boxed set of envelopes. Using PAD makes donations easier and consistent, benefitting the parishioner and parish. PAD forms or envelope boxes can be picked up in the foyer of the Church. These are our primary source of support for the parish. **We wish to remind everyone to include our Parish in the bequeath section of their obituary notice. Please remember Blessed Sacrament Parish in your Will. Our Registered Charity number is # 12896-7353-RR0092.**