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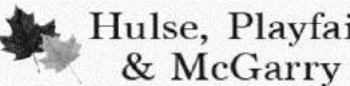
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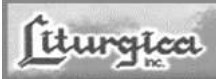
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Office Telephone: 613-232-4891

Email: office@blessedsacrament.ca

Website: www.blessedsacrament.ca

October 30, 2016 — The 31st Sunday in Ordinary Time

OFFICE HOURS

CLOSED on Mondays

Tuesday to Friday: 9:30 AM—3:30 PM

PASTORAL STAFF

Fr. Galen Bank, CC

Pastor

Fr. Francis Donnelly, CC

Associate Pastor

To schedule an appointment, please
contact the office at 613-232-4891.

PARISH STAFF

Kim Jennings

Parish Administrator

Phone: 613-232-4891 / 613-232-4892

Email: office@blessedsacrament.ca

Melissa Monette

Youth Coordinator

Phone: 613-868-2907

Email: melissa.monette83@gmail.com

Nicolas Carnogursky

Maintenance Custodian

Phone: 613-712-2414

Email: kolyacarn@yahoo.com



CELEBRATION OF THE EUCHARIST

SUNDAY MASS TIMES

Saturday 4:30 PM

Sunday 9:00 AM

11:00 AM

8:00 PM

WEEKDAY MASS TIMES

Tuesday 6:30 PM

Wednesday..... 9:30 AM

Thursday 6:30 PM

Friday 9:30 AM

HEALING MASS

3rd Thursday of the month at 6:30 PM

RECONCILIATION

Tuesday 6:00—6:30 PM

Saturday 4:00—4:30 PM

(or by appointment)



MINISTRIES

BAPTISM

Julia Moffat, Coordinator

Phone: 613-697-7966

Email: knowthydog@yahoo.ca

CHILDREN'S LITURGY

Alsace Abboud, Coordinator

Email: nassoum52@gmail.com

Vanessa Altobelli, Coordinator

Email: vanessamaltobelli@gmail.com

COFFEE MINISTRY

Charlene White, Coordinator

Phone: 613-225-4505

Email: cmvw15@gmail.com

CONFIRMATION PREPARATION CLASS

Michael Schreider, Coordinator

Email: michael.schreider@ocsb.ca

CURSILLO

Rosella MacNeil, Representative

Phone: 613-327-0061

Email: rosella.macneil@sympatico.ca

DECORATING COMMITTEE

Chris Moffat, Coordinator

Phone: 613-316-0526

Email: chrismoffat@me.com

FINANCE COMMITTEE

Lawrence Schembri, Chair

Email: schembri.springer@sympatico.ca

FIRST COMMUNION & RECONCILIATION

Jaqui Cadieux, Coordinator

Phone: 613-882-3613

Email: jaqui@royalpage.ca

GROUPS COMMITTEE

Sharon Quinn, Coordinator

Phone: 613-523-2574

Email: seaquinn@rogers.com

GROUPS COMMITTEE

Sharon Quinn, Coordinator

Phone: 613-523-2574

Email: seaquinn@rogers.com

KNIGHTS OF COLUMBUS

Dave Mulcair, Liaison

Phone: 613-807-0875

Email: dmulcair@aol.com

MARRIAGE

(1) Marriage Preparation Course

— Cathy Bourguignon, Coordinator

Phone: 613-699-5624

Email: cpbourguignon@gmail.com

(2) Wedding Coordinator

— Carol Ann Parlato

Phone: 613-852-4434 (after 5 PM only)

Email: caparlato@gmail.com

PRO-LIFE

Rosella MacNeil, Representative

Phone: 613-327-0061

Email: rosella.macneil@sympatico.ca

SOCIAL ACTION COMMITTEE

(CENTRETOWN EMERGENCY FOOD CENTRE)

Joe Courtright, Liaison

Email: centretownchurches@gmail.com

YOUNG ADULTS SOCIAL GROUP

Karen Richard, Coordinator

Email: bssgcatholic@yahoo.ca

YOUTH MINISTRY

Melissa Monette, Coordinator

Phone: 613-868-2907

Email: melissa.monette83@gmail.com

R.C.I.A.

Gord Johnson, Coordinator

Phone: 613-761-2895

Email: gordjohnson@sympatico.ca

→ **COFFEE SUNDAY IS THIS WEEKEND** after the 9 and 11 am Mass! Your contributions of baked goods or fruit are very much appreciated and can simply be brought downstairs when you arrive for Mass. A few extra helping hands are always most welcome to help tidy up before, in between Masses, or after.

→ **CHRISTIANS OF THE HOLY LAND** are visiting us this weekend! They will be selling items made in Bethlehem from olive wood, which will help to support Christians living in the Holy Land and provide a means of employment for our brothers and sisters in Christ.



The 30th Sunday in Ordinary Time
October 30, 2016 — 31st Sunday in Ordinary Time



Announced Mass Intentions

Saturday, October 29

4:30 pm † For the repose of the soul of Bryan McLaughlin by Audrey and family

Sunday, October 30 — 31st Sunday in Ordinary Time

9:00 am † For the repose of the soul of Lucille Nolan and deceased family members by Cheryl Kelly

11:00 am (Confirmation Enrolment Mass)

† For the repose of the soul of James Lee by the MacNeil family

† For the repose of the souls of deceased family members of Marcelle and Gerry

8:00 pm † Pro Populo

Tuesday, November 1 (ALL SAINTS DAY)

6:30 pm † For the repose of the soul of Mel Thompson by Norah Hoskinson

Wednesday, November 2 (ALL THE FAITHFUL DEPARTED)

9:30 am † —

Thursday, November 3

6:30 pm † —

Friday, November 4

9:30 am † For the repose of the soul of Marguerite Kavanagh

Saturday, November 5

4:30 pm † For the repose of the soul of Bryan McLaughlin by Audrey and family

Sunday, November 6 — 32nd Sunday in Ordinary Time

9:00 am † For the repose of the souls of Marion and Jim Moyle by Yvonne Bennett and Frances Montgomery

11:00 am † For the repose of the soul of James Lee by the MacNeil family

8:00 pm † Pro Populo

Parish & Community News

THANK YOU FOR YOUR HELP! The Centretown Churches Social Action Committee (CCSAC) would like to thank everyone who participated in, or supported, the "Walk for the Centre" walkathon. The walk's success exceeded everyone's expectations. Approx 120 people braved the rain and turned out for the walk, including seven teams from CCSAC member churches. We also appreciated the wonderful music generously provided by a number of local musicians. Just over \$12,000 has been raised for the Centretown Emergency Food Centre. A sincere thanks to everyone.

CHRISTMAS SHOEBOXES AVAILABLE! Pick your box up in the Church foyer and fill them with small items such as school supplies, toys, socks and treats. For more info about Operation Christmas Child, go to www.samaritanspurse.ca. **PLEASE REMEMBER ... the boxes must be returned by Sunday, November 13th** to meet the shipping deadline. Questions? Please contact Lyne at lyneplorusso@rogers.com.

BLESSED SACRAMENT FAITH SOCIAL GROUP FOR WIDOWS AND WIDOWERS! Reach out — bring a friend! Meeting on **Tuesday, Nov 8 at the Mandarin Restaurant**, 290 Hunt Club Rd in the Lowes Mall! Lunch at 12 noon! Hope you can join us for fellowship! **Reservations a must!** We would love to see you! Shirley — Thea: 613-521-2082.

SPIRITUAL GIFTS MINISTRY – Called and Gifted Workshop: Terrified by the idea of sharing your faith with someone? What better way to evangelize than to let Jesus do it through you, and we'll help you find out how! Join us on **December 9 from 7—9pm and December 10 from 9am—4pm** at St. Mary' Parish. Speakers: Ms. Susan Cummins and Fr. Sean Wenger, CC. Registration Fee \$35. For info, please contact: Sr. Penelope Nguyen, SC at 613-729-8710 sisterpenelope@yahoo.com.

OTTAWA CURSILLO MEN'S WEEKEND (Nov 10—13): Cursillo is a short course in Christianity and is of value to anyone who has the desire to learn more about Christianity and to enter into a relationship with Jesus Christ. To register or for more info, please contact Susan Kelemen at 613-228-1692; susan.kelemen@ocsb.ca.

CHILDREN OF PARAGUAY MEDICAL SUPPLIES 10TH FINAL FUNDRAISING TEA & LIGHT LUNCH: At St. Maurice Church, **Saturday, November 5, 12:45 - 4:00 pm.** Entertainment, silent auction, prize for best hat and suit. Cost: \$35. Contact: Rosa Frias (613-728-4465); childrenofparaguay@rogers.com.

AN EXCITING OPPORTUNITY WITH THE SERVANTS OF THE CROSS AND FR. DAVID BERGERON, CC: Join us in responding to the Holy Father's invitation to join him in Rome for the 50th Anniversary of the Charismatic Renewal. We will travel as a small group (25 people) to Rome from May 30th to June 9th, 2017. Trip includes a Themed Retreat, Guided and personal prayer and a community experience with Share groups. Information Session Saturday, November 12, 2016 at 10:00am or Monday, November 14 at 7:30pm. For more details www.servantsofthecross.ca or you may contact Sr. Monique Bisson at 613-729-8710, email scpilgrimages@gmail.com.

Pro-Life

40 DAYS FOR LIFE, A TIME TO PRAY AND FAST FOR THE END OF ABORTION: Closing rally to conclude the 40 Days for Life campaign of prayer and fasting to end abortion on **Sun., November 6 at 7:00 p.m.** Gather at the vigil site, near the corner of Bank and Sparks Streets. After an address from Archbishop Prendergast and some concluding remarks by Deacon Charles Fink, walk in procession to Saint Patrick Basilica for refreshments. Info: (613-299-2515).

CAMPAIGN LIFE COALITION SUPPORTER MEETING: At St. Patrick Basilica in the Scavi, **Nov. 8, 6—8 p.m.** Guest speaker: Faye Sonier, Exec Director, Canadian Physicians for Life, on conscience rights for physicians. CLC updates on pro-life work in federal and provincial politics. Free will offering. Info: (613-729-0379).

Diocesan News

ST. MARGARET MARY PARISH SUNDAY SUPPER VOLUNTEER TRAINING: The "In from the Cold" Sunday Supper program has served the marginalized for 20 years, offering 2,000 suppers each year. Training for those who wish to help will be on **Thursday, October 27, 7:00 PM.** Four teams of twenty are needed to buy, cook, serve and clean-up for one Sunday in four. Inquiries: Angela Davis (mangeladavis@hotmail.com) or call (613-237-0093).

EMERGENCY AID FOR HAITI: The Canadian Catholic Organization for Development & Peace (CCODP), *Caritas Canada*, has launched an emergency fundraising campaign for Haiti with the support of the Canadian Conference of Catholic Bishops (CCCBB) Executive Committee. The collection for Haiti will take place the weekend of **November 12 – 13.** CCODP has sent \$50,000 from its Humanitarian Fund to Caritas Haiti and is involved with the Caritas network to provide food for 2,700 families hit by the hurricane and to help reduce the risk of spreading infectious diseases. Funds raised will be used to meet basic needs. Contributions should be earmarked "Haiti". D&P News Release — <https://www.devp.org/en/pressroom/2016/comm2016-10-07>.

DEVELOPMENT AND PEACE 50TH ANNIVERSARY QUILT PROJECT: Each diocese will contribute a quilt square to the cross-Canada Pilgrimage of Solidarity. Design submissions & ideas from D&P members & parish teams welcome; deadline **November 18.** Meeting with artist and quilter Jane Sullivan, **Sat., Nov. 19, 2:00 p.m.,** Diocesan Centre, Rm 108. All are welcome! Info: (613-237-0093); (www.devp.org/en/50years); (mangeladavis@hotmail.com); (joanoco@rogers.com).

CONCERT AT NOTRE DAME CATHEDRAL: On the occasion of Michel Guimont's 25th anniversary as music director and Jennifer Loveless' 10th anniversary as organist, the Cathedral French and English choirs invite you to a concert **Sun., Oct. 30, 2:30 p.m.** Suggested donation of \$20/person, towards repairs to the organ. Info: (613-241-7496).

THE COUNCIL ON AGING OF OTTAWA 'LUNCH AND LEARN': *Canada's Present & Future Retirement Incomes: Developments, Issues, Challenges.* Speakers: Bob Baldwin & Richard Shillington. **Wed., Nov. 23, 12:00 – 2:00 p.m.** At The Council on Aging of Ottawa, 101-1247 Kilborn Place. Bring your lunch. Register: (www.coaottawa.ca); (613-789-3577 x101).

Our Prayer List

We ask that you remember in your prayers all those in our parish community who are sick and in need of encouragement: Nancy Grover, Tom Rock, Frank Licari, Tom Ray, Kerri Lynn Bulger, Tyler Huneault, Paula Scott, Daphne Moffat, Jim Grover, Leighton Beacock, Daniel & Madeline McBride, Mrs. Teresa White, Ethel Morris, June McGuire, Ben Proctor, Mary Christine Spencer, Rick Tracey, Fr. Rory Brady, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Natalie Quinn, Rose Cutrara, Loren Cooper, Gloria Henderson, Richard Gehring, Bruce McCracken, Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Debbie Lavallie, Yvonne Bulger, Joseph Hutchinson, Garry Stevenson, Alex Neron, Marta Pappalardo and baby Dominic, Joaquin Olivier LeGras, Evelyn Beaudry, Brigitte and Victor Couwenbergh, Sebastien Parent, Jim Morgan, Thérèse Cochlin, Michael Reid, Tyler Moffat, Lynn Ashdown, Laszlo DeRoth, Darrell and Peter Herauf.

To add or remove a name, please contact the parish office.

POPE FRANCIS' PRAYER INTENTIONS FOR NOVEMBER

Universal: Countries Receiving Refugees
 That the countries which take in a great number of displaced persons and refugees may find support for their efforts which show solidarity.

Evangelization: Collaboration of Priests and Laity
 That within parishes, priests and lay people may collaborate in service to the community without giving in to the temptation of discouragement.

Loving and Gracious God,

My parish is composed of people like me. I help make it what it is. It will be friendly, if I am. It will be holy, if I am. Its pews will be filled, if I help fill them. It will do great work, if I work. It will be prayerful, if I pray. It will make generous gifts to many causes, if I am a generous giver. It will bring others into worship, if I invite and bring them. It will be a parish of loyalty and love, of fearlessness and faith, of compassion, charity and mercy, if I who make it what it is am filled with these same things.

May Your Holy Spirit strengthen and guide me as I dedicate myself to the task of being your good and faithful servant.

With confidence and trust, I make this prayer through Jesus Christ our Lord. Amen!

A Warm Welcome to Our New Parishioners!

Interested in joining Blessed Sacrament's Parish Family?

Please let us know who you are and we will be glad to offer you more information and introduce you to our Parish life. Just fill out this form, place it in the basket, and we'll reach out to you soon. Great to have you with us!

Name: _____

Address: _____

Postal Code: _____ Phone: _____

Email: _____

PARISH FINANCIAL ADMINISTRATION

Regular Collection for October 23, 2016: \$ 2,537.95

World Mission Sunday Special Collection: \$ 1,186.85

As this is our primary source of support, we encourage you to use our 'Pre-Authorized Donation' (PAD) service and boxed set of envelopes. Choosing the PAD service makes it easier for you to support us. If you are away, or sick, your offering will be made — a welcomed benefit to the Parish as our expenses continue year round. Please help support us by picking up a PAD form and a boxed set of envelopes found in the Church foyer. *We kindly ask that you remember Blessed Sacrament Parish in your Will and to please include us in the bequeath section of the obituary notice.* Our Registered Charity number is #12896-7353-RR0092. Blessings!