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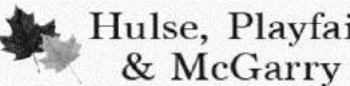
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Email: office@blessedsacrament.ca

Website: www.blessedsacrament.ca

February 5, 2017 — The 5th Sunday in Ordinary Time

OFFICE HOURS

CLOSED on Mondays

Tuesday to Friday: 9:00 am — 3:00 pm

PASTORAL STAFF

Fr. Galen Bank, CC

Pastor

Fr. Francis Donnelly, CC

Associate Pastor

To schedule an appointment, please
contact the office at 613-232-4891.

PARISH STAFF

Kim Jennings

Parish Administrator

Phone: 613-232-4891 / 613-232-4892

Email: office@blessedsacrament.ca

Melissa Monette

Youth Coordinator

Phone: 613-868-2907

Email: melissa.monette83@gmail.com

Nicolas Carnogursky

Maintenance Custodian

Phone: 613-712-2414

Email: kolyacarn@yahoo.com

MASS TIMES

SUNDAY MASS TIMES

Saturday 4:30 pm

Sunday 9:00 am

11:00 am

8:00 pm

WEEKDAY MASS TIMES

Tuesday 6:30 pm

Wednesday 9:30 am

Thursday 6:30 pm

Friday 9:30 am

HEALING MASS

3rd Thursday of the month at 6:30 pm

RECONCILIATION

Tuesday 6:00—6:30 pm

Saturday 4:00—4:30 pm

First Saturdays 7:00 pm

(or by appointment)

EUCCHARISTIC ADORATION

Tuesday Noon — 2:00 pm

First Saturdays 7:00 pm

BAPTISM

Julia Moffat, Coordinator

Phone: 613-697-7966

Email: knowthydog@yahoo.ca

CHILDREN'S LITURGY

Alsace Abboud, Coordinator

Email: nassoum52@gmail.com

Vanessa Altobelli, Coordinator

Email: vanessamaltobelli@gmail.com

COFFEE MINISTRY

Charlene White, Coordinator

Phone: 613-225-4505

Email: cmvw15@gmail.com

CONFIRMATION PREPARATION CLASS

Michael Schreider, Coordinator

Email: michael.schreider@ocsb.ca

CURSILLO

Rosella MacNeil, Representative

Phone: 613-327-0061

Email: rosella.macneil@sympatico.ca

DECORATING COMMITTEE

Chris Moffat, Coordinator

Phone: 613-316-0526

Email: chrismoffat@me.com

FIRST COMMUNION & RECONCILIATION

Jaqui Cadieux, Coordinator

Phone: 613-882-3613

Email: jaqui@royalpage.ca

GROUNDS COMMITTEE

Sharon Quinn, Coordinator

Phone: 613-523-2574

Email: seaquinn@rogers.com

KNIGHTS OF COLUMBUS

Dave Mulcair, Liaison

Phone: 613-807-0875

Email: dmulcair@aol.com

MARRIAGE

(1) Marriage Preparation Course

— Cathy Bourguignon, Coordinator

Phone: 613-699-5624

Email: cpbourguignon@gmail.com

(2) Wedding Coordination

— Carol Ann Parlato, Coordinator

Phone: 613-852-4434 (after 5 PM only)

Email: caparlato@gmail.com

PRO-LIFE

Rosella MacNeil, Representative

Phone: 613-327-0061

Email: rosella.macneil@sympatico.ca

SOCIAL ACTION COMMITTEE

(CENTRETOWN EMERGENCY FOOD CENTRE)

Joe Courtright, Liaison

Email: centretownchurches@gmail.com

YOUNG ADULTS SOCIAL GROUP

Karen Richard, Coordinator

Email: bssgcatholic@yahoo.ca

YOUTH MINISTRY

Melissa Monette, Coordinator

Phone: 613-868-2907

Email: melissa.monette83@gmail.com

R.C.I.A.

Gord Johnson, Coordinator

Phone: 613-761-2895

Email: gordjohnson@sympatico.ca



◆ **YOUTH MINISTRY NEEDS VOLUNTEERS:** We are looking for a 2—3
volunteers who are enthusiastic, active and who enjoys helping kids and
teens for our Friday night Youth Ministry programs. Training can be
provided for those new to Youth Ministry. *Please note:* all volunteers are
required to have a short interview, be willing to obtain an up-to-date
Police Venerable Sector Check, and read and sign a Code of Pastoral
Conduct agreement. Please contact Melissa via email if you are interested at:
melissa.monette83@gmail.com or by phone at 613-868-2907.

◆ **DEVELOPMENT & PEACE FOR OUR PARISH:** Do you have a heart for social action?
Your input would be very much appreciated. Please join us on **Tues, Feb 7 at 7:00 PM**
after the Mass in the Nursery to discuss and share ideas. See *Caritas Canada Share Lent*
details inside bulletin. Info: Angela Davis mangeladavis@hotmail.com; 613-237-0093.

◆ **ETERNAL WORD TELEVISION NETWORK (EWTN) CANADA FAMILY CELEBRATION
IN OTTAWA!** Join the EWTN family on **Saturday, April 1, 8:30 AM** for a FREE one-day
event at Centrepointe Theatre featuring speakers: Fr. Mitch Pacwa, Fr. Larry Richards &
Johnnette Benkovic. Archbishop Prendergast will celebrate Mass. For further details go
to: <http://www.ewtn.com/familycelebration/> ... **URGENTLY Seeking Volunteers** —
Please contact Sarah Escobar at sescobar@ewtn.com, or call 613-915-0972.



The 5th Sunday in Ordinary Time

February 5, 2017



Blessed Sacrament Parish Mission Statement

Through dynamic evangelization, Blessed Sacrament Parish seeks to intentionally invite all people into an initial encounter with an ongoing conversion to Jesus. We are a Eucharistic and Marian parish that is a home for vibrant worship, reconciliation, and prayer, as well as an engine for spiritual growth. We support each other on the journey to maturity and reach out to people in need.

Announced Mass Intentions

Saturday, February 4

* (4:00 pm Confession)

- 4:30pm † Repose of the soul of Beatrice Mascaro by Kathleen Driscoll
 † Repose of the soul of Peter Hopman, father of Angelina Girard

Sunday, February 5

- 9:00 am † In thanksgiving by Suzanne Culleton
 † Special intentions of Heather Scott
 11:00 am † **SACRAMENT OF CONFIRMATION MASS**
 Bishop Christian Reisbeck presiding

- 8:00 pm † Pro Populo

Tuesday, February 7

* (Noon—2:00 pm Adoration); * (6:00 pm Confession)

- 6:30 pm † Repose of the soul of Marguerite Lucina Kavanagh

Wednesday, February 8

- 9:30 am † Special intentions of Sr. Donata Conte

Thursday, February 9

- 6:30 pm † —

Friday, February 10

- 9:30 am † —

Saturday, February 11 — OUR LADY OF LOURDES

* (4:00 pm Confession)

- 4:30pm † Special Intentions of the Marian Devotional Movement and the participants of 'Nights with the King'
 † Repose of the soul of L.Col Andrew "Monte" Moffat, father of Chris Moffat

Sunday, February 12

- 9:00 am † Repose of the soul of Janet King
 11:00 am † Repose of the soul of Laurent Dinh by Isabelle Gauthier and family
 8:00 pm † Pro Populo

Parish and Community News



Please pray for our children who are receiving the **Sacrament of Confirmation** this weekend at the 11 AM Mass.

FAITH SHARING MEETINGS — The next faith sharing meeting is on **Wednesday, February 8** in the Library from 7:00 — 8:30 pm. All are welcome to gather and meditate on the Gospel, share how the Gospel message and the teachings of Fr. Bob Bedard, founder of the Companions of the Cross, touch and call each of us in our daily lives. For more information, please email Jennifer Huestis at jenhuestis@rogers.com or call 613-422-1117.

BLESSED SACRAMENT'S WIDOWS AND WIDOWERS FAITH-BASED SOCIAL GROUP will meet for **Shrove Tuesday on February 28 at 10 AM** at the South Keys Odeon Cineplex for a movie followed by Cora's for pancakes at BANK and Alta Vista at 1:00PM. We have been meeting for fifteen years! Great fellowship! Hope you can join us! Reservations a must — Contact: Shirley Hamre or Thea Boyd at 613-521-2083.

HEALING MASS: Our next healing Mass will be on Thursday, February 16 at 6:30 pm.

A NIGHT WITH THE KING: Next weekend, February 11 at 7 PM!

SACRED RENAISSANCE MUSIC AT BLESSED SACRAMENT PARISH — Schola Cantorum; a 1 hour recital by 12-part *a cappella* choir, in the sanctuary. Directed by: Francesca Bailey, Director of Music at St. Patrick's Basilica. Date: Sunday, February 12 at 3:00 pm. Informal reception to follow in the Parish Hall. Freewill offering, for our church's needs

ULTIMATE DATE NIGHT: Sanctifying Families presents a Couples' Dinner on **Saturday, February 11, 6:30 pm** at Senhor Santo Cristo Parish, 1100 Kenaston, Gloucester. Guest speaker: Bishop Christian Riesbeck, CC. Tickets: \$35/couple. Advance registration required: (www.sanctifyingfamilies.ca). For information: Theresa or Cheryl (sanctifyingfamilies@gmail.com); (613-821-9932).

Pro-Life

DISCUSSION ON PALLIATIVE CARE: Notre-Dame Cathedral Basilica Parish Hall, 385 Sussex Dr. **Sat., Feb. 18.** Dr. Jose Pereira, Palliative Care Physician on "Merely Mortal", **9:00 — 11:00 am** Michel G. MacDonald, Executive Director, COLF on *Euthanasia or Benemortasia? Living and Dying Well*, **11:00 am — 12:00 pm.**

RACHEL'S VINEYARD: A confidential healing retreat for women and men hurting after abortion will be held in the Ottawa area **March 3--5.** Information call Lynda or Terry (613-806-5522); (rvr_ottawa@yahoo.ca); (<http://www.rachelsvineyard.org/>).

MONTHLY PRO-LIFE MASS: To pray for the establishment of a Pro-life Centre in Ottawa. **Sat., Feb. 25, 10:00 am** at The Good Shepherd Parish, 3092 Innes Rd. Info: (613-831-2515); (wandawoj@rogers.com).

Diocesan News

FAMILY DAY WITH THE ARCHBISHOP: Celebrate family life with Archbishop Prendergast, **Monday, February 20, 12:15 p.m.** Mass at Notre Dame Cathedral Basilica; hotdog lunch; skating on the canal; hot chocolate. All ages welcome; children 12 & under must be accompanied by an adult. Bring your skates, family & friends. Cost: \$5/person; or \$10/family. Contact: Krista (kwawrykow@archottawa.ca); (613-738-5025 x222). To help us plan, please [register in advance](#).

25TH ANNUAL LIFT JESUS HIGHTER RALLY: Metro Toronto Convention Centre, 255 Front St. West, **Saturday, March 4, 9:00am — 5:30pm.** Talks by Sr. Ann Shields, Peter Herbeck and keynote guest speaker Bishop Scott McCaig. Separate youth event (13—18 years). Cost: \$25 adults; \$15 youth. Information: (905-833-0360); (info@lift-jesus-higher-rally.ca).

AN EVENING WITH TZEITEL: A concert evening with singer Tzeitel Abrego at St. John the Apostle Parish, 2340 Baseline Rd. **Thurs, Feb. 9, 7:00 pm.** Free will offering taken up for church roofing fund. Check out her music at (www.tzeitelabrego.com). Info: St. John the Apostle Parish (613-829-1760).

PRIESTHOOD DISCERNERS' GROUP: Open to any man interested in knowing more about the priesthood. Next meeting: **Wed., Feb. 8, 7:00 p.m.** at St. Margaret Mary Parish. Info: Fr. Pierre Champoux (613-558-1445) or (vocations@archottawa.ca); (<http://www.catholicottawa.ca/priesthood>).

STEBENVILLE TORONTO 2017: This year's youth conference will take place **July 28—30.** Youth currently in grades 8-12 are encouraged to participate. Cost of \$390 covers the conference, a t-shirt and transportation to Toronto. A \$90 deposit is due with registration. Infor: Krista Wawrykow (613-738-5025 ext. 222), (kwawrykow@archottawa.ca).

'JOURNEY OF HOPE' FOR SEPARATED & DIVORCED CATHOLICS: Women's session begins **Tues, Mar 21;** Men's session begins **Thurs, Mar 23;** 6 weeks, 7:00 — 8:30 pm. Info: (www.journeyofhopeottawa.com) or call 613-294-1308. Fee of \$25 to cover course material.

DEVELOPMENT & PEACE, CARITAS CANADA — SHARE LENT: 50th Share Lent campaign, highlighting how women across the world are at the *Heart of the Action* for development, reconstruction and peace-building. **Saturday, Feb. 11, 9am—Noon** followed by fellowship and lunch, Holy Cross parish OR **Wednesday, Feb. 15, 6:30-8:30 p.m.** fellowship and light meal at 6:00pm Diocesan Centre, 1247 Kilborn Place. Info: (www.dev.org); Genevieve Gallant (ggallant@dev.org).

YOUTH SUMMIT 2017 (Ages 18-35): In Sherbrooke, QC, **May 19—21.** A chance to renew your relationship with Christ, meet young adults from across Canada, and be called to live out your faith more fully. Speakers, outdoor concert and pilgrimage to Beauvoir sanctuary. To register: (<http://youthsummit.ca/>). Contact: Krista (kwawrykow@archottawa.ca).

Our Prayer List

We ask that you remember in your prayers all those in our parish community who are sick and in need of encouragement: Nancy Grover, Tom Rock, Frank Licari, Tom Ray, Kerri Lynn Bulger, Tyler Huneault, Paula Scott, Daphne Moffat, Jim Grover, Leighton Beacock, Daniel & Madeline McBride, Mrs. Teresa White, Ethel Morris, June McGuire, Ben Proctor, Mary Christine Spencer, Rick Tracey, Fr. Rory Brady, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Natalie Quinn, Rose Cutrara, Loren Cooper, Gloria Henderson, Richard Gehring, Bruce McCracken, Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Debbie Lavallie, Yvonne Bulger, Joseph Hutchinson, Garry Stevenson, Alex Neron, Marta Pappalardo and baby Dominic, Joaquin Olivier LeGras, Evelyn Beaudry, Brigitte and Victor Couwenbergh, Sebastien Parent, Jim Morgan, Thérèse Cochlin, Michael Reid, Tyler Moffat, Lynn Ashdown, Laszlo DeRoth, Darrell, Peter Herauf and Kathleen Jordan, Sharon Boothroyd.

To add or remove a name, please contact the parish office.

POPE FRANCIS' PRAYER INTENTIONS FOR FEBRUARY

Comfort for the Afflicted — That all those who are afflicted, especially the poor, refugees, and marginalized, may find welcome and comfort in our communities.

ST. THÉRÈSE PRAYER GROUP — Perpetual Novena Intention

February 1 – February 9, 2017: St. Thérèse, please pray for assistance in offering up our suffering to God. Help us to remember to intercede for others and offer their suffering as well by praying: "Jesus I love You, and I offer up to you my pain and the pain of [NAME], for the salvation of souls."

February 10 – February 18, 2017: Renew our faith, Dear Lord! St. Thérèse please help us to remember to pray the Apostle's Creed, deliberately, soaking in and reaffirming our beliefs as Catholics. Pray that the Lord will grant us the graces to live out our faith.

A Warm Welcome to Our New Parishioners!

Interested in joining Blessed Sacrament's Parish Family?

Please let us know who you are and we will be happy to offer you more information and introduce you to our Parish life. Just fill out this form, place it in the basket, and we'll reach out to you soon. Great to have you with us!

Name: _____

Address: _____

Postal Code: _____ Phone: _____

Email: _____

PARISH FINANCIAL ADMINISTRATION

Regular Collection for January 29, 2017 — \$ 3,134.61

As this is our primary source of support, we encourage you to use our 'Pre-Authorized Donation' (PAD) service and boxed set of envelopes. Choosing the PAD service makes it easier for you to support us. If you are away or sick, your offering will be made — a welcomed benefit to the Parish as our expenses continue year round. Please help support us by picking up a PAD form and a boxed set of envelopes found in the Church foyer. *We kindly ask that you remember Blessed Sacrament Parish in your Will and to please include us in the bequeath section of the obituary notice.* Our Registered Charity number is #12896-7353-RR0092.

Thank you! Many blessings to you and your loved ones.