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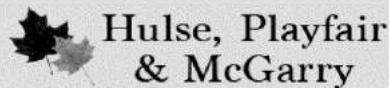


Blessed Sacrament Parish

194 Fourth Avenue, Ottawa ON K1S 2L6
Office Telephone: 613-232-4891
Email: office@blessedsacrament.ca
Website: www.blessedsacrament.ca



March 5, 2017 — 1st Sunday of Lent



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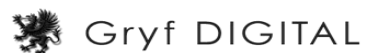
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OFFICE HOURS

CLOSED on Mondays
Tuesday to Friday: 9:00 am — 3:00 pm

PASTORAL STAFF

Fr. Galen Bank, CC
Pastor

Fr. Francis Donnelly, CC
Associate Pastor

To schedule an appointment, please contact the office at 613-232-4891.

PARISH STAFF

Kim Jennings
Parish Administrator
Phone: 613-232-4891 / 613-232-4892
Email: office@blessedsacrament.ca

Melissa Monette
Youth Coordinator
Phone: 613-868-2907
Email: melissa.monette83@gmail.com

Nicolas Carnogursky
Maintenance Custodian
Phone: 613-712-2414
Email: kolyacarn@yahoo.com

MASS TIMES

SUNDAY MASS TIMES

Saturday 4:30 pm
Sunday 9:00 am
11:00 am
8:00 pm

WEEKDAY MASS TIMES

Tuesday 6:30 pm
Wednesday 9:30 am
Thursday 6:30 pm
Friday 9:30 am

HEALING MASS

3rd Thursday of the month at 6:30 pm

RECONCILIATION

Tuesday 6:00—6:30 pm
Saturday 4:00—4:30 pm
During NWTK 7:00 pm
(or by appointment)

EUCCHARISTIC ADORATION

Tuesday Noon — 2:00 pm
NWTK (See Website).. 7:00 pm

BAPTISM

Julia Moffat, Coordinator
Phone: 613-697-7966
Email: knowthydog@yahoo.ca

CHILDREN'S LITURGY

Alsace Abboud, Coordinator
Email: nassoum52@gmail.com
Vanessa Altobelli, Coordinator
Email: vanessamaltobelli@gmail.com

CURSILLO

Rosella MacNeil, Representative
Phone: 613-327-0061
Email: rosella.macneil@sympatico.ca

DECORATING COMMITTEE

Chris Moffat, Coordinator
Phone: 613-316-0526
Email: chrismoffat@me.com

FIRST COMMUNION & RECONCILIATION

Jaqui Cadieux, Coordinator
Phone: 613-882-3613
Email: jaqui@royalpage.ca

GROUPS COMMITTEE

Sharon Quinn, Coordinator
Phone: 613-523-2574
Email: seaquinn@rogers.com

HOSPITALITY

- (1) Coffee Sundays
— Charlene White, Coordinator
Phone: 613-225-4505
Email: cmvw15@gmail.com
- (2) Events/Functions
— Dianne Wood, Coordinator
Phone: 613-739-5519

MARRIAGE

- (1) Marriage Preparation Course
— Cathy Bourguignon, Coordinator
Phone: 613-699-5624
Email: cpbourguignon@gmail.com
- (2) Wedding Coordination
— Carol Ann Parlato, Coordinator
Phone: 613-852-4434 (after 5 PM only)
Email: caparlato@gmail.com

PRO-LIFE

Rosella MacNeil, Representative
Phone: 613-327-0061
Email: rosella.macneil@sympatico.ca

R.C.I.A.

Gord Johnson, Coordinator
Phone: 613-761-2895
Email: gordjohnson@sympatico.ca

SOCIAL ACTION COMMITTEE

(CENTRETOWN EMERGENCY FOOD CENTRE)
Joe Courtright, Liaison
Email: centretownchurches@gmail.com

WIDOWS & WIDOWERS FAITH-BASED GROUP

Coordinators —
Shirley Hamre, 613-824-0692; and
Thea Boyd, 613-521-2082

YOUNG ADULTS SOCIAL GROUP

Karen Richard, Coordinator
Email: bssgcatholic@yahoo.ca

YOUTH MINISTRY

Melissa Monette, Coordinator
Phone: 613-868-2907
Email: melissa.monette83@gmail.com

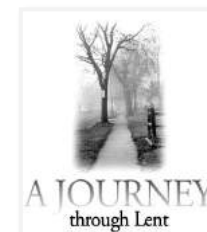
Our Lenten Journey — A Quest for Holiness

CONFESSION

- BLESSED SACRAMENT'S PENITENTIAL SERVICE — Tuesday, March 28 (after Mass)
 - ◆ Every Tuesday, 6:00 — 6:30 pm
 - ◆ Every Saturday, 4:00 — 4:30 pm
- DIOCESAN DAY OF CONFESSION (CITY WIDE) — Friday, March 31
 - ◆ Blessed Sacrament's scheduled time is 10:00 am — Noon

EUCCHARISTIC ADORATION

- Every Tuesday from Noon—2:00 pm
- Night with the King (NWTK) — Saturday, March 18 at 7:00 pm
- Option: St. Mary's Adoration Chapel, 100 Young St. at Bayswater Ave; Weekdays from 6:00 am—10:00 pm; Weekends from 7:00 am—10:00 pm. Please call to register at 613-729-9811, ext. 702.





The 1st Sunday of Lent

March 5, 2017



Blessed Sacrament Parish Vision Statement

Through dynamic evangelization, Blessed Sacrament Parish seeks to intentionally invite all people into an initial encounter with an ongoing conversion to Jesus. We are a Eucharistic and Marian parish that is a home for vibrant worship, reconciliation, and prayer, as well as an engine for spiritual growth. We support each other on the journey to maturity and reach out to people in need.

† Announced Mass Intentions

Saturday, March 4 *(4:00 pm Confession)
4:30pm † Soul of Adele Gemmiti by Norina Morris

Sunday, March 5
9:00 am † Soul of Russell Murray by Paddy and Bob Seigel
† Special intentions of the Dillon family, by Pat Dillon
11:00 am † Soul of Peter Hopman by the Girard's
8:00 pm † Pro Populo

Tuesday, March 7 *(Noon—2pm Adoration); *(6pm Confession)
6:30 pm † Soul of Marguerite Lucina Kavanagh

Wednesday, March 8
9:30 am † Soul of Adele Gemmiti by Norina Morris

Thursday, March 9
6:30 pm † Soul of Peter Hopman by the Girard's

Friday, March 10
9:30 am † Soul of Peter Hopman by the Girard's

Saturday, March 11
*(4:00 pm Confession)
4:30pm † Soul of Peter Hopman by the Girard's

Sunday, March 12 (DAYLIGHT SAVINGS TIME!)
9:00 am † Soul of Marguerite Lucina Kavanagh
11:00 am † Soul of Laurent Dinh by Isabelle and family
8:00 pm † Pro Populo

POPE FRANCIS' PRAYER INTENTIONS FOR MARCH 2017
Support for Persecuted Christians — That persecuted Christians may be supported by the prayers and material help of the whole Church.

PARISH FINANCIAL ADMINISTRATION

Weekly Collection for February 26, 2017 — \$2,716.80
As this is our primary source of support, we encourage you to use our 'Pre-Authorized Donation' (PAD) service and boxed set of envelopes. Choosing the PAD service makes it easier for you to support us. If you are away or sick, your offering will be made — a welcomed benefit to the Parish as our expenses continue year round. Please help support us by picking up a PAD form and a boxed set of envelopes found in the Church foyer. *We kindly ask that you remember Blessed Sacrament Parish in your Will and to please include us in the bequeath section of the obituary notice.* Our Registered Charity number is #12896-7353-RR0092.
Thank you! Many blessings to you and your loved ones.

Parish Community News

LENTEN BIBLE STUDY AT BLESSED SACRAMENT — Want to see the connection between the Sacraments and your life? Want to learn more about the beauty of our Catholic faith? Join other Blessed Sacrament parishioners this Lent. **'The Bible & the Sacraments'** is an exciting video course just released by the St. Paul Center for Biblical Theology in Steubenville. We will watch these beautiful videos, take a few notes, and get to know each other better. Gents, ladies, we'd love to see you there. **Thursdays — beginning March 2, 9, 16, 23, 30 & April 6 from 7:15—9:15 pm in the Parish Library.** Register with Marisa Casagrande or Dave Mulcair at bible4faith@gmail.com. *Panis Vitae.*

VESPERS—Evening Prayer in Song and Chant — Our Music Ministry has offered to celebrate Vespers, the evening prayer of the Liturgy of the Hours celebrated principally in song and chant, on **Friday, March 24 at 7:00 pm**, followed by contemplative Celtic hymns. Come out and deepen your Lenten journey through Vespers and contemplative music.

FOOT CARE CLINIC THIS WEEK: Every two months Blessed Sacrament Parish offers a foot care clinic to seniors. The next scheduled date is **Tuesday, March 7 from 9:30 am to 2:00 pm** in the Parish Nursery. This service is provided by a specially trained nurse for a nominal fee. For further information and to make an appointment, call Mary Jane Rocque at 613-747-2259.

WIDOWS AND WIDOWERS FAITH BASED SOCIAL GROUP — Meet-up at Carlingwood Restaurant on **Thursday, March 16 for lunch at 12 noon.** Lots of parking available. Hope you can join us for fellowship. Coordinators, Shirley Hamre 613-824-0692; and Thea Boyd 613-521-2082.

NEW LIFE RETREAT: Are you seeking a personal encounter with the living Jesus Christ? St. Mary Parish, 100 Young St., **Friday to Monday, March 10 – 13.** Info or to register: (613-224-5723); (www.newlifeparishretreat.org).

WAUPOOS FARM, A CATHOLIC MINISTRY TO THE POOR, SEEKING NEW RESIDENT FAMILY: To move in this summer for a 2—3 year commitment. Info & further details on the Waupoos website www.waupoos.com or call: 613-822-2189.

CHRISTIANS OF THE HOLY LAND: Will be arriving at Blessed Sacrament on **March 18/19** with beautiful olive wood artwork, created by Christian artists from Bethlehem. Proceeds go to support these artists and their families.

MESSAGE BY POPE FRANCIS FOR LENT: "The Word is a gift. Other persons are a gift." Based on the parable of the rich man and Lazarus (cf. Luke 16:19-31), the Holy Father invites us to find "inspiration in this meaningful story, for it provides a key to understanding what we need to do in order to attain true happiness and eternal life. It exhorts us to sincere conversion."

From the Diocese

MONTHLY PRO-LIFE MASS IN MARCH: To pray for the establishment of a Pro-life Centre in Ottawa. **Saturday, March 18 at 9:00 am**, St. George Parish, 415 Piccadilly Ave. Info: (613-831-2515); (wandawoj@rogers.com).

CALL FOR CONSCIENCE, FEB 6 – MAR 31: Canada legalized euthanasia/assisted suicide in June 2016. Between June and December 2016, more than 740 people across the country died from what is now being referred to as "medical aid in dying". Meanwhile, only 30% of Canadians have access to quality palliative (end of life) care. Please visit www.CanadiansforConscience.ca and join the Call for Conscience. **FORM LETTERS available in the Vestibule.**

'JUST MEDICINE FOR THE DYING': The Augustine College Weston Lecture with Farr Curlin, MD. **Thurs, Mar 16, 7:30 pm** Saint Paul University Auditorium, 223 Main St. Freewill offering. Info: (613-237-9870); (www.augustinecollege.org).

OVERCOMING ANGER SEMINAR: Roots of anger and practical, Bible-based solutions to overcome related compulsions are presented in teaching and small group ministry. **Wed, Mar 22, 8:30 am—6:00 pm** St. Catherine of Siena Parish, 2718 8th Line Rd, Metcalfe. Registration: Edna DuBroy (613-523-1377); (edna.dubroy@rogers.com). Fee: \$40 before Mar. 15.

PRIESTHOOD DISCERNERS' GROUP: For any single Catholic man interested in knowing more about the priesthood. **Wed., Mar 8, 7:00 pm** at St. Margaret Mary Parish. Info: Fr. Pierre Champoux (613-558-1445).

DISCERNMENT RETREAT: For young/middle-aged men considering a vocation to ministry in the Church, or considering the Jesuit way of life as a possible vocation. **Saturday, March 18 (10:00am—4:00pm)** Jesuit Ogilvie Residence, Ottawa. For details, contact Fr. Hasina Rakotoarisoa, SJ (613-850-6029); (vocation@jesuits.ca).

"MAN OF THE SHROUD" EXHIBIT: At St. Isidore Parish, Kanata, **April 4-11.** This exhibit is comprised of a life-sized authentic reproduction of the "Shroud of Turin" and 30+ display panels citing historical, scientific and theological information about The Shroud. Lecturers are Mr. Barrie Schwartz, official photographer of the "Shroud of Turin Research Project" and Dr. Phillip Wiebe, Professor of Philosophy, Trinity Western University. Groups wanting to attend a seminar are asked to call (613-435-3076) for more information.

LENTEN BIBLE STUDY: "Comfort for God's People". Bible study on the Prophet Isaiah with Fr. Daryold Winkler. **Tuesdays** during Lent starting **March 7, 10am** or **7pm** at St. Elizabeth Church, 1303 Leaside Avenue. Info: (613-725-2242).

Our Prayer List



We ask that you please remember in your prayers all those in our parish community who are sick and in need of encouragement: Nancy Grover, Tom Rock, Frank Licari, Tom Ray, Kerri Lynn Bulger, Tyler Huneault, Paula Scott, Daphne Moffat, Jim Grover, Leighton Beacock, Daniel & Madeline McBride, Mrs. Teresa White, Ethel Morris, June McGuire, Ben Proctor, Mary Christine Spencer, Rick Tracey, Fr. Rory Brady, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Natalie Quinn, Rose Cutrara, Loren Cooper, Gloria Henderson, Richard Gehring, Bruce McCracken, Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Debbie Lavallie, Yvonne Bulger, Joseph Hutchinson, Garry Stevenson, Alex Neron, Marta Pappalardo and baby Dominic, Joaquin Olivier LeGras, Evelyn Beaudry, Brigitte and Victor Couwenbergh, Sebastien Parent, Jim Morgan, Thérèse Cochlin, Michael Reid, Tyler Moffat, Lynn Ashdown, Laszlo DeRoth, Darrell and Peter Herauf, Kathleen Jordan, Sharon Boothroyd and Luigi Lorusso.
To add or remove a name, please contact the parish office.

Celebrating Baptism — February 2017

Please welcome and pray for our newest parishioners who were baptized here at Blessed Sacrament Parish in the month of February 2017:

Fiona Suzanne MacNeil; Sidney Jeannine Dorothy Cook; Viktor Patrick John Hoefler; Alexandra Elizabeth Harris; Mateo Alexander Harris; and Tomas Roberto Harris

May the Lord give His angels charge over you, to guide you in all your ways. Psalm 91:11

St. Thérèse Prayer Group — Perpetual Novena Intention

March 9 – March 17, 2017

St. Thérèse, please pray that God will open our eyes to the things that we place in higher importance over Him. Please pray that we will all come to love prayer in all its different forms and love God above all things.



A Warm Welcome to Our New Parishioners!

Interested in joining Blessed Sacrament's Parish Family?
Please let us know who you are and we will be happy to offer you more information and introduce you to our Parish life. Just fill out this form, place it in the basket, and we'll reach out to you soon. Great to have you with us!

Name: _____
Address: _____
Postal Code: _____ Phone: _____
Email: _____