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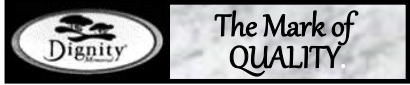
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613•232•4891; office@blessedsacrament.ca; www.blessedsacrament.ca

January 28 — 4th Sunday in Ordinary Time



MASS SCHEDULE

SUNDAY MASS TIMES
✠ Saturday Vigil Mass 4:30 pm
✠ Sunday Mass 10:00 am
..... 8:00 pm

WEEKDAY MASS TIMES
✠ Monday, Wednesday, Friday and Saturday 9:30 am
✠ Tuesday and Thursday 6:30 pm

GLEBEHOUSE SENIORS HOME MASS TIME
✠ Thursday 10:00 am

RECONCILIATION

- Weekdays See Fr. before or after Mass
- Saturday morning...10:00 am — 10:30 am
- Saturday evening..... 3:45 pm — 4:15 pm
— or by appointment —

RECITATION OF THE HOLY ROSARY

- Thursdays 6:00 pm (before Mass)
- Sundays 9:15 am (before Mass)

OFFICE HOURS

CLOSED Mondays
Tuesday to Friday 9:00 — 3:00 pm

PASTORAL STAFF

Fr. Timothy P.V. Nelligan, Pastor
pastortpvn@blessedsacrament.ca

Fr. Tim McCauley, Assoc. Pastor (on sabbatical)

PARISH OFFICE STAFF

Deacon Tom Donohue, Office Manager
613-232-4891/deacontom@blessedsacrament.ca

Kim Jennings, Office Administrator
613-232-4891; office@blessedsacrament.ca

Vivian Gratton, Bookkeeper
613-232-4891; account@blessedsacrament.ca

Melissa Monette, Youth Coordinator
613-868-2907; bsymottawa@gmail.com

Stéphane Bussière, Custodian
stepahneb29@hotmail.com

PILGRIM STATUE KIOSK HOURS

- Wednesday 10:00 am — 4:00 pm
- DnA Live on Wednesdays 1:30 pm
- Sunday 11:00 am — 1:00 pm
— or by appointment —

Info: Dennis and Angelina Girard
1-888-501-1083; dnagirard@gmail.com

PARISH MINISTRIES

BAPTISM:
Julia Moffat, 613-697-7966,
knowthydog@yahoo.ca

CENTRETOWN EMERGENCY FOOD CENTRE:
Joe Courtright, Liaison,
centerownchurches@gmail.com

CHILDREN'S LITURGY — VOLUNTEERS NEEDED!
1) Alsace Abboud; nassoum52@gmail.com; or
2) Vanessa Altobelli;
vanessamaltobelli@gmail.com

CONFIRMATION:
Melissa Monette, 613-868-2907,
bsymottawa@gmail.com

CURSILLO REPRESENTATIVE:
Rosella MacNeil, 613-327-0061,
rosella.macneil@sympatico.ca

DEVELOPMENT & PEACE MINISTRY:
Angela Davis, 613-237-0093
mangeladavis@hotmail.com

FINANCE COUNCIL:
Larry Schembri, Chair
schembri.springer@sympatico.ca

FIRST COMMUNION AND RECONCILIATION:
1) Jackie Cadieux, Volunteer Coordinator
613-882-3613; jaqui@royallegage.ca
2) Heather Fisher, Registration Coordinator
613-558-3264; heatherfisher88@hotmail.com

GROUNDS COMMITTEE:
Sharon Quinn, 613-523-2574;
seaquinn@rogers.com

HOSPITALITY:
1) Coffee Sundays — Charlene White,
613-421-1860; cmvw15@gmail.com

KNIGHTS OF COLUMBUS — LIAISON:
Dave Mulcair, 613-807-0875; dmulcair@aol.com

MASS MINISTRY COORDINATORS:
1) Saturday 4:30 PM — Gerry Sisk
gerardr.sisk@sympatico.ca
2) Sunday 10:00 AM — Joe Courtright
courtright_jw@yahoo.com
3) Sunday 8:00 PM — Marie-France Lapierre
mflapierre-14@hotmail.com

PRO-LIFE REPRESENTATIVE:
Rosella MacNeil, 613-327-0061,
rosella.macneil@sympatico.ca

R.C.I.A. (ADULT FAITH FORMATION):
Gord Johnson, 613-761-2895,
gordjohnson@sympatico.ca

WEDDINGS:
1) Wedding Coordinator — Carol Ann Parlato
613-852-4434, caparlato@gmail.com
2) Marriage Prep Course — Cathy Bourguignon
613-699-5624; cpbourguignon@gmail.com
Spring 2018 — Dates to be determined

WELCOMING COMMITTEE:
Agnes Cunningham,
agnescunningham602@gmail.com; or
Dianne Wood, 613-613-739-5519

WIDOWS & WIDOWERS FAITH-BASED GROUP
Shirley Hamre, 613-824-0692; or
Thea Boyd, 613-521-2082

YOUTH MINISTRY:
Melissa Monette, 613-868-2907
bsymottawa@gmail.com

THE PARISH PHRONTISTRY

Phronistry — *n.* a thinking place [Gr. *Phronisterion*, from *phrontistes* a thinker, from *phronein* to think]

Did you know that the Liturgy (MASS) is broken down into 4 main parts. (1) The Introductory Rites; (2) The Liturgy of the Word; (3) The Liturgy of the Eucharist and; (4) The Concluding Rites. Each part of the whole Liturgy (MASS) is essential to the other. The Introductory Rites, from the Gathering Hymn to the Opening Prayer, are meant to bring the people together, to unify them as one, and to prepare them to be attentive to the Word of the Lord and to participate in the Eucharist. The Liturgy of the Word is a time of instruction. This portion tells us of God's work throughout history. From the Prophets, to the Apostles, to the words of Jesus Christ Himself, we are given instruction about how to live our lives in the context of faith. We then respond to this with our Creed and with Prayers of Intercession. The Liturgy of the Eucharist is the pinnacle of our celebration. In this Liturgy we prepare our gifts of bread and wine, and ourselves too, to be transformed. We appeal and pray to God the Father in the Eucharistic Prayer and we ask for and recognize his Grace in our presence. The height of the Mass is our reception of the Eucharist itself. Christ, truly present in the Eucharist is received by us. Our response should be a resounding AMEN when we receive communion. After all, it is Christ that we receive and we have already declared our belief in this during the Creed. The Concluding Rite sends us off with a Blessing that we will go forth as a Eucharistic People who have been strengthened by our Communion. We are called to go out into the world to be Christ for one another. We are reminded therefore, to make our PARTICIPATION IN THE LITURGY, full and complete as co-celebrants and not as mute attendees! Let us therefore, "REJOICE AND BE GLAD IN THE LORD!"

Vexations:

What does the word LITURGY mean?
The word liturgy, derived from the technical term : via French or late Latin from ancient Greek (Greek: λειτουργία), *leitourgia*, which literally means "work of the people" is a literal translation of the two words "litos ergos" or "public service" and/or "worship of the gods" and from *leitourgos* 'minister,' from *leitōs* 'public' + -ergos 'working.'

What does the title "Cathedral" mean?



January 28, 2018

4th Sunday in Ordinary Time



† Mass Intentions

Saturday, January 27

- 9:30 am † For the soul of Kolleen Dale Grattan by Kenneth Grattan
 † Birthday intentions for Jim Dillon by Patricia Dillon
- 4:30 pm † For the soul of Jim Ovens by his family
 † In thanksgiving for prayers answered by the Diduch family

Sunday, January 28— 4TH SUNDAY IN ORDINARY TIME

- 10:00 am † For the soul of Ron Culleton by the family
 † For the soul of Lucille Nolan and deceased family members by Cheryl Kelly
- 8:00 pm † Pro Populo

Monday, January 29

9:30 am † —

Tuesday, January 30

6:30 pm † —

Wednesday, January 31—St. John Bosco

9:30 am † —

Thursday, February 1

6:30 pm † For the intentions of all the young men discerning the Priesthood by Carol Gaboury

Friday, February 2 — PRESENTATION OF THE LORD

9:30 am † For the soul of Suzanne Levesque
 † For the soul of Victor Daly by Raymond Daly

Saturday, February 3—St. Blaise

9:30 am **(First Saturday Mass)**
 † Memorial Mass for the soul of Gaetano Cinanni
 † Intentions of the Marian Devotional Movement

4:30 pm † For the intentions of Antoinette Concessio by Allison Gonsalves and family
 † For the soul of Gerry Grieco by Jennifer and Konrad Huestis

Sunday, February 4— 5TH SUNDAY IN ORDINARY TIME

10:00 am † For the soul of Janet Van Duzer by her family
 8:00 pm † Pro Populo

Our Prayer List



WE ASK THAT YOU REMEMBER IN YOUR PRAYERS all those in our Parish Community who are sick and in need of encouragement: Nancy Grover, Kerri Lynn Bulger, Paula Scott, Daphne Moffat, Jim Grover, Leighton Beacock, Daniel & Madeline McBride, Ben Proctor, Mary Christine Spencer, Rick Tracey, David Low, Anna Gemella, David Kibbee, Marc Le Gras, Natalie Quinn, Rose Cutrara, Loren Cooper, Richard Gehring, Bridgette Bradway, Morgan Hawken, Melissa Moloissa, Debbie Lavallie, Joseph Hutchinson, Marta Pappalardo and Dominic, Joaquin Olivier LeGras, Brigitte and Victor Couwenbergh, Sebastien Parent, Jim Morgan, Thérèse Cochlin, Lynn Ashdown, Laszlo DeRoth, Darrell & Peter Herauf, Kathleen Jordan, Sharon Boothroyd, Luigi Lorusso, Cindy Orr Marcelle and Gerry Ouderkirk, Beryl Johnson, Anne Kennedy, Britney, Jesse Colliver and their baby, Frances from the UK, Norman Revells, Elizabeth (Elsa) Witteveen, Yvonne Bulger.

To ADD or REMOVE a name, please contact the office.

✠ Parish News

BLESSED SACRAMENT WIDOWS AND WIDOWERS FAITH-BASED GROUP — Join us for a movie and pancakes on **Shrove Tuesday, February 13**. We will meet at **10:30 am for a movie** at South Keys Odeon Cineplex, followed by a **pancake lunch** at Cora's Restaurant, Alta Vista Drive at **1:00 PM!** Hope to see you there! For **info**, please contact Thea Boyd at 613-521-2082.



ST. BLAISE — If you wish to have "blessed candles" in your home, bring your candles to Mass NEXT weekend to be blessed. After all the Masses on **Saturday, February 3 and Sunday February 4 weekend**, the *Blessing of Throats* will occur.

'COLDEST NIGHT OF THE YEAR': A Fundraising Event for Shelters and Missions across Canada. The walk day in support of the **OTTAWA MISSION** is **Saturday, February 24**. Chris Moffat (*our very own Deacon in the making!*) is participating in this year's walk for hurting individuals and families in our community. Chris asks if you would consider supporting his 10 KM walk with a personal donation. To access his personal fundraising page online, go to: <https://secure.e2rm.com/registant/FundraisingPage.aspx?registrationID=4017725&langPref=en-CA>, or send him an email at chrismoffat@me.com and he'll forward you the link. *Way to go Chris! Stay warm!*

CALL FOR CONSCIENCE CAMPAIGN SIGN-UP SUNDAY

We Need Your Help! As part of the *Call for Conscience 2018* Campaign, Archbishop Prendergast and the Bishops across Ontario are asking for an email address from every Catholic family in their community, with a goal of 100,000 email addresses collected by the end of February 2018. This information will be used to communicate periodically on issues of particular importance for the Catholic community. (*A copy of Archbishop Prendergast's letter is available in the Narthex.*)

The first campaign of 2018 is the *Call for Conscience*, inviting our elected Members of Provincial Parliament (MPPs) and those seeking office this June to:

- increase funding/access to palliative care,
- protect health care workers wishing to abstain from any involvement in euthanasia/assisted suicide and
- protect faith-based facilities from participation in euthanasia/assisted suicide.

This work builds on a similar campaign held in 2017. Please set aside some time after Mass to register your contact information on the sheets provided in the Narthex. For those without an email account, draft letters are available for you to send to your MPP. Please feel free to register online at: www.canadiansforconscience.ca.

Thank you for living your faith with action!

Blessed Sacrament Parish Vision

Through dynamic evangelization, Blessed Sacrament Parish seeks to intentionally invite all people into an initial encounter with and ongoing conversion to Jesus. We are a Eucharistic and Marian parish that is a home for vibrant worship, reconciliation, and prayer, as well as an engine for spiritual growth. We support each other on the journey to maturity and reach out to people in need.

Around the Diocese

L'ARCHE OTTAWA VOLUNTEER EVENT: L'Arche Ottawa is seeking volunteers to join prayer, community meals and events of the L'Arche community. We are also looking for volunteers who would like to share their talents in administration, fundraising, companionship with an adult with developmental disabilities, or people who would simply like to become friends of one of the L'Arche Homes in Ottawa. For **info**: 613-228-7136 x 33 HenriettaKelemen@larcheottawa.org; www.larcheottawaa.org.

PERMANENT DIACONATE INFORMATION SESSIONS: Is the Lord calling you to the Permanent Diaconate? Come and discover what the diaconate is all about. All men in the Archdiocese are invited; married men are encouraged to come with their wives. If you wish to attend a session or get more info, contact Deacon Michael Seath at 613-324-0007 or mseath@archottawa.ca. 3 info sessions: **Monday, February 26, 7:00—9:00 pm** at Queen of the Most Holy Rosary Parish Hall. **Wednesday, Mar 7, 7:00—9:00 pm** at Holy Cross Parish, 685 Walkley in the hall. **Saturday, March 10, 9:00—11:00 am** at Annunciation of the Lord Parish Hall.

MEN'S BREAKFAST: Breakfast with Prayer for Christian Unity. Speaker: Jonathan Hutchison, the Peace Tower lead pastor. "Live in Peace and Be Holy". St. Augustine Church, 1060 Baseline Rd., **Saturday, February 10, 8:00 am**. Continental breakfast. Cost: \$5. Confirm with Denis 613-228-7646; breakfastformen@gmail.com.

DIOCESAN CELEBRATION OF CONSECRATED LIFE & SOLEMN MASS FOR THE DEDICATION OF THE NEW ALTAR AT NOTRE DAME CATHEDRAL and WORLD DAY FOR CONSECRATED LIFE: Archbishop Terrence Prendergast SJ invites all clergy, religious and the faithful of the Archdiocese to participate **THIS Friday February 2, 7:30 pm** at Notre Dame Cathedral. **BLESSED SACRAMENT** has designated **Melissa Monette and Dave Mulcair** to represent our Parish at this celebration. A reception will follow Mass. Also, the relic of Saint Francis Xavier will be displayed for veneration at the Cathedral.

ST. FRANCIS XAVIER RELIC TOUR: The famous relic of St. Francis Xavier is here in North America for the first time in generations. Public veneration will be at St. John the Apostle, **Thursday, February 1, 12:30—5:00 pm**; Notre Dame Cathedral, **Friday, February 2, 1:00—7:00 pm** and after 7:30 pm Mass until **10:00 pm**. Hosted by Catholic Christian Outreach, Archdiocese of Ottawa and Jesuits in Canada. Info: <http://cco.ca/relic/>; 613-736-1999.

LENTEN DAY RETREAT FOR WOMEN—"The Paschal Mystery": Speaker: Fr. Martin Wallace; Dominican University College, 96 Empress Ave, **Saturday, March 3, 9:30 am — 4:30 pm**. Mass, Eucharistic Adoration, opportunity for Confession. To register: <https://sisterhood.live/formationprograms>.

Wednesdays at 1:30 PM

Followed by a Social ... **Please bring desserts!**
All are Welcome! www.PSKiosk.com

Check out the latest EPISODE of 'DnA Live from the Kiosk' — interviews with a Pilot, the Rosary Lady and Fr. Tim! Go to pskiosk.com and click play!

ST. THÉRÈSE OF LISEUX PRAYER GROUP — Perpetual Novena



O Little Thérèse of the Child Jesus, please pick for me a rose from the heavenly garden and send it to me as a message of love.

O Little Flower of Jesus, please ask God to grant the favours I now place with confidence in your hands.

January 27 — February 4: *St. Thérèse*, please pray for married couples of our Parish. Please ask God to help them honour one another according to their wedding vows. Please ask the Lord to bless them all and help them to realize that marriage means putting Him in the center of their relationship.

February 5 — 13: *O Little Flower of the Child Jesus*, please pray for Fr. Tim Nelligan and Fr. Tim McCauley. Please ask the Lord to protect them from all evil and increase their love for Jesus with each breath they take.

St. Thérèse, help me to always believe as you did in God's great love for me, so that I may imitate your "Little Way" each day. AMEN!

PARISH FINANCIAL ADMINISTRATION JANUARY 2018

Regular Collection:

| | |
|---|--------------------|
| January 7 | \$ 2,357.20 |
| January 14 | \$ 2,596.80 |
| January 21: | |
| • 4:30 PM | \$ 636.00 |
| • 10:00 AM | \$ 1,744.60 |
| • 8:00 PM | \$ 340.50 |
| TOTAL to date for January 2018 | \$ 7,705.10 |

As this is our primary source of support, we encourage you to use our 'Pre-Authorized Donation' (PAD) service and boxed set of envelopes. Choosing the PAD service makes it easier for you to support us and is a welcomed benefit to the Parish as our expenses continue year round. Please help support us by picking up a PAD form and a boxed set of envelopes found in the Church foyer. *We ask that you kindly remember Blessed Sacrament Parish in your Will and include us in the bequeath section of the obituary notice.* Our Registered Charitable Tax No: #12896-7353-RR0092.

NEXT AGM: Sunday, May 6 after the 10:00 AM Mass!

A Warm Welcome to Our New Parishioners!

Interested in joining Blessed Sacrament's Parish Family? Please let us know who you are and we will be happy to offer you more information and introduce you to our Parish life. Just fill out this form, place it in the basket, and we'll reach out to you soon. It's great to have you with us!

Name: _____

Address: _____

Postal Code: _____

Phone: _____

Email: _____