

Because family matters!
613-235-6712
 kellyfh.ca/somerset



Hulse, Playfair & McGarry
 Funeral & Cremation Services /
 Services funéraires et de crémation
 Celebrating over 90 years
 in your community!

We offer complimentary seminars. Please see our website for more information.
613-233-1143 www.hpmcgarry.ca

Liturgica Catholic Gifts & Souvenirs
 1260 Old Innes Road, Unit 602
 613-745-1537
www.liturgica.ca info@liturgica.ca

GLEBE @ TROTTERS
 CASUAL FOOTWEAR
 860 Bank Street, Ottawa ON K1S 3W3
 613-231-6331

The Mark of Dignity QUALITY
McEvoy Shields
 Funeral Home & Chapel
 1141 Hunt Club Rd. 613-737-7900

SPITERI & URSULAK LLP
 LAWYERS
 OTTAWA AND TORONTO

Real Estate, Litigation,
 Business/Commercial,
 Wills, Estates, Family Law,
 and Class Actions

1010-141 Laurier Avenue West
 Ottawa, ON K1P 5J3
 (t) 613-563-1010 (f) 613-563-1011
www.sulaw.ca

Special Offer for Parishioners!

Messy Maid

613-612-6243
www.messymaid.com

Makes Your Day!

Worry-Free Cleaning Services



Let Jaqui & St. Joseph
 sell your home!
 St. Joseph, pray for us!



JAQUI CADIEUX
 Sales Representative 613.725.1171



613-226-6098 goldsmithmedical.ca
 Serving the Ottawa Valley • Non-critical transport



- ◆ BILLINGS BRIDGE PLAZA ... 613.521.5007
- ◆ RIVER ROAD & EARL ARMSTRONG ... 613.822.1048
- ◆ LYNWOOD PLAZA (BELLS CORNERS) ... 613.721.4663
- ◆ STRANDHERD & LONGFIELDS (BARRHAVEN) ... 613.843.4663

- ✓ FREE Home or Office Pick-Up and Delivery
- ✓ Guaranteed Wedding Gown Cleaning and Preservation
- ✓ Full Shoe Repair Service
- ✓ Professional Repairs and Alterations
- ✓ Fire and Flood Restoration

PSYCHOLOGIST
DR. BILL WINOGRON
 Brief Cognitive Therapy
 Adults & Couples

Costs partly covered by most insurances.



www.drwinogron.com
 613-565-0087

McKeen metro GLEBE
www.metroglebe.com

Millers Farm, Market & Garden Centre
 6158 Rideau Valley Dr. Manotick, ON
 613-692-2380
www.millersfarmandmarket.ca

PLACE YOUR AD HERE !!

To Advertise with Blessed Sacrament Parish,
 please call the Parish Office
 at 613-232-4891.

Thank you to our Advertisers.
 Please patronize our Advertisers!
 Their support helps to defer our printing costs.



SEAN P. COPELAND, 4th generation Funeral Director,
 invites you to call should you have any questions or inquiries.
 515 Cooper Street, Ottawa 613.233.1488
 Tastefully updated facility. Intimate single family visitation.
 Family owned and operated since 1925.



BOB FRASER
 SALES REPRESENTATIVE
 613.563.1155
bob@bobfraser.com
www.bobfraser.com



RE/MAX
 HALLMARK REALTY GROUP
 RAISING THE BAR



Blessed Sacrament Parish

HOME OF THE PILGRIM STATUE OF OUR LADY OF THE CAPE, QUEEN OF CANADA

194 Fourth Avenue, Ottawa ON K1S 2L6
 613.232.4891; office@blessedsacrament.ca; www.blessedsacrament.ca

JUNE 23, 2019 – THE MOST HOLY BODY AND BLOOD OF CHRIST



MASS SCHEDULE

SUNDAY MASS TIMES

† Saturday (Sunday Vigil) 4:30 pm
 † Sunday Mass 10:00 am & 8:00 pm

WEEKDAY MASS

† Monday and Tuesday 6:30 pm
 † Wednesday, Thursday, Friday,
 and Saturday morning 9:30 am
 † First Friday Mass 9:30 am
 † First Saturday Mass 9:30 am

SENIOR HOMES MASS TIMES

† Tuesday (Lord Lansdowne) 10:00 am
 † Thursday (Glebe Centre) 10:30 am

RECONCILIATION

- See Fr. Tim before/after Weekday Mass
- Saturday AM 10:00—10:30 am
- Saturday PM 3:45—4:15 pm

EUCCHARISTIC ADORATION

- Wednesday to Saturday:
 after morning Mass 10:00 am—Noon

DEVOTIONS

- Recitation of the Holy Rosary:
 Monday and Tuesday before Mass
 Sunday before 10:00 am Mass in Hall

PARISH OFFICE

OFFICE HOURS

Tuesday to Friday.....9:30 am—3:00 pm

PASTORAL STAFF

Fr. Timothy P.V. Nelligan, Pastor
pastortpvn@blessedsacrament.ca

PARISH STAFF

Kim Jennings, Office Administrator
 613-232-4891;
office@blessedsacrament.ca

Vivian Gratton, Bookkeeper
account@blessedsacrament.ca

Dennis Girard, Parish Projects
dennis@blessedsacrament.ca

Stéphane Bussière, Custodian
 613-232-4891

PILGRIM STATUE KIOSK HOURS

- Sundays following morning Mass
- or by appointment

DnA LIVE SHOWS

- Most Wednesdays at 12:00 Noon

CONTACT:

Dennis and Angelina Girard,
 1-888-501-1083; or
dnagirard@gmail.com

PARISH MINISTRIES

- ◆ **BAPTISM:** Julia Moffat
 613-697-7966; knowthydog@yahoo.ca
- ◆ **CENTRETOWN EMERGENCY FOOD CENTRE:**
 Joe Courtright, Liaison,
centerchurches@gmail.com
- ◆ **CATECHESIS OF THE GOOD SHEPHERD**
 Ruth Ann McClure;
ruthann_mcclure@rogers.com
- ◆ **CHILDREN'S 10:00 AM CHOIR:**
 Cynthia Orr, 613-558-9447;
cynthia.orr357@gmail.com
- ◆ **CHILDREN'S LITURGY:** Ann-Louise Revells
 613-818-5254, alrevells@gmail.com
- ◆ **COUNCILS:**
 1) **PASTORAL COUNCIL CHAIR,**
 Ann-Louise Revells, 613-818-5254,
alrevells@gmail.com
 2) **FINANCE COUNCIL CHAIR — TBD**
- ◆ **CURSILLO REPRESENTATIVE:**
 Rosella MacNeil, 613-327-0061;
rosella.macneil@sympatico.ca
- ◆ **DIVINE MERCY CENACLE:**
 Jennifer Huestis, 613-862-6318
- ◆ **EUCCHARISTIC ADORATION:**
 Mallory MacPherson
eucharisticadorationbsp@gmail.com
- ◆ **HOSPITALITY TEAM:**
 Ann-Louise Revells, Coordinator
 613-818-5254; alrevells@gmail.com
- ◆ **MUSIC MINISTRY COORDINATORS:**
 Richard Bethell or Dennis Girard
BSP_music_team@blessedsacrament.ca
- ◆ **MASS MINISTRY COORDINATORS:**
 1) **Sacristans:** Carol Campbell,
 613-234-8302; carol0482@gmail.com
 2) **Lectors:** Gerry Nagy;
gerrynagy4@gmail.com
 3) **Ushers:** Sara D'Arcey;
sara.j.darcey@gmail.com
 4) **Eucharistic Ministers:**
 — **COORDINATOR NEEDED!**
- ◆ **PRO-LIFE REPRESENTATIVE:**
 Rosella MacNeil, 613-327-0061,
rosella.macneil@sympatico.ca
- ◆ **R.C.I.A. (ADULT FAITH FORMATION):**
 Gord Johnson 613-761-2895;
gordjohnson@sympatico.ca
- ◆ **SACRAMENTAL PREPARATION:**
 Ann-Louise Revells; 613-818-5254,
alrevells@gmail.com
- ◆ **WEDDINGS:**
 1) **Wedding & Rehearsal Coordinator**
 Carol Ann Parlato,
caparlato@gmail.com
 2) **Marriage Prep Course (Spring only)**
 Cathy Bourguignon, 613-699-5624;
cpbourguignon@gmail.com
- ◆ **WELCOMING COMMITTEE:**
 Agnes Cunningham,
agnes Cunningham602@gmail.com; or
 Dianne Wood, 613-739-5519
- ◆ **WIDOWS/WIDOWERS FAITH-BASED SOCIAL GROUP**
 Shirley Hamre, 613-824-0692; or
 Thea Boyd, 613-521-2082

HISTORY OF THE FEAST OF CORPUS CHRISTI

Feast of Corpus Christi, also called **Solemnity of the Most Holy Body and Blood of Christ**, is a festival celebrated by the Church in honour of the real presence of the Body of Jesus Christ in the Eucharist.

The Feast of Corpus Christi originated in 1246 when Robert de Torote, bishop of Liège, the future Pope Urban IV, ordered the festival celebrated in his diocese. He was persuaded by St. Juliana to initiate this special feast in honour of the Blessed Sacrament, where none had existed before. St. Juliana, prioress of Mont Cornillon near Liège (1222-58), was a nun and mystic and had a series of visions in which she was instructed by Our Lord to work to establish a liturgical feast for the Holy Eucharist, to which she had a great devotion.

In 1263, a German Priest, Fr. Peter of Prague, made a pilgrimage to Rome. He stopped in Bolsena, Italy, to celebrate Mass at the Church of St. Christina. At the time he was having doubts about Jesus being truly present in the Blessed Sacrament. He was affected by the growing debate among certain theologians who, for the first time in the history of the Church, began introducing doubts about the Body and Blood of Christ being actually present in the consecrated bread and wine. In response to his doubt, when he recited the prayer of consecration as he celebrated the Holy Sacrifice of the Mass, blood started seeping from the consecrated host and onto the Altar and corporal.

Fr. Peter reported this miracle to Pope Urban IV, who at the time was nearby in Orvieto. The pope sent delegates to investigate and ordered that host and blood-stained corporal be brought to Orvieto. The relics were then placed in the Cathedral of Orvieto, where they remain today.

This Eucharistic Miracle confirmed the visions given to St. Juliana and soon after her death in 1263, Pope Urban instituted the Feast of Corpus Christi and celebrated it for the first time in Orvieto in 1264. Pope Urban ordered the whole church to observe the feast and it was confirmed by Pope Clement V at the Council of Vienne in 1311-12.

Inspired by the miracle, Pope Urban IV commissioned a Dominican friar, St. Thomas Aquinas, to compose the Mass and Office for the feast of Corpus Christi. St. Aquinas' hymns in honour of the Holy Eucharist, *Pange Lingua*, *Tantum Ergo*, *Panis Angelicus*, and *O Salutaris Hostia*, are the beloved hymns the Church sings on the feast of Corpus Christi as well as throughout the year during Exposition and Benediction of the Blessed Sacrament.

By the mid-14th century the festival was generally accepted, and in the 15th century it became, in effect, one of the principal feasts of the Church. The procession became the feast's most prominent feature and was a pageant in which sovereigns and princes took part, as well as magistrates and members of guilds.

Happy Feast Day Blessed Sacrament Parish!



Blessed Sacrament Parish Vision

Through dynamic evangelization, Blessed Sacrament Parish seeks to intentionally invite all people into an initial encounter with, and ongoing conversion to, Jesus. We are a Eucharistic and Marian parish that is a home for vibrant worship, reconciliation, and prayer, as well as an engine for spiritual growth. We support each other on the journey to maturity and reach out to people in need.



† MASS INTENTIONS

Saturday, June 22 — St. JOHN FISHER AND St. THOMAS MORE

9:30 am † For the intentions of Our Blessed Virgin Mother

***No 4:30 pm Saturday Vigil Mass**

Sunday, June 23 — THE MOST HOLY BODY AND BLOOD OF CHRIST (OUR PATRONAL FEAST DAY)

10:00 am † For the soul of Ophelia Kennedy by David Kennedy

ONLY* † For the intentions of our Parishioners

***No 8:00 pm Sunday Mass**

Monday, June 24 — NATIVITY OF St. JOHN THE BAPTIST

6:30 pm † —

Tuesday, June 25

(11:00 am → END OF SCHOOL YEAR MASS FOR CORPUS CHRISTI ELEMENTARY)

6:30 pm † —

Wednesday, June 26

9:30 am † For the intentions of Most Rev. Terrence Prendergast on his 12th Anniversary as Bishop by Carol Gaboury
† For the soul of Homer Charles Courtright by the Courtright family

Thursday, June 27 — St. CYRIL OF ALEXANDRIA; BLESSEDS NYKYTA BUDKA AND VASYL VELYCHKOWSKY

9:30 am † —

Friday, June 28 — MOST SACRED HEART OF JESUS

9:30 am † —

Saturday, June 29 — STS. PETER AND PAUL, APOSTLES

9:30 am † For the soul of Aline Valide Kalika by Jean-Michel Belanger

4:30 pm † —

Sunday, June 30 — 13TH SUNDAY IN ORDINARY TIME

10:00 am † For the soul of Mrs. Vivian Roy by Franklin Roy
† For the intentions of Fr. Francis Donnelly, CC on the 40th Anniversary of his Ordination, by a parishioner

8:00 pm † PRO POPULO

WE REMEMBER IN OUR PRAYERS, those who are sick and in need of encouragement: Nancy Grover, Kerri Lynn Bulger, Paula Scott, Jim Grover, Daniel and Madeline McBride, Ben Proctor, Mary Christine Spencer, David Low, Anna Gemella, David Ribbee, Marc Le Gras, Natalie Quinn, Rosa Cutrara, Loren Cooper, Richard Gehring, Bridgette Bradway, Morgan Hawken, Gerry Ouder Kirk, Melissa Moloissa, Debbie Lavallie, Joseph Hutchinson, Marta Pappalardo and Dominic, Joaquin Olivier Le Gras, Sebastien Parent, Jim Morgan, Thérèse Cochlin, Lynn Ashdown, Laszlo DeRoth, Sharon Boothroyd, Luigi Lorusso, Anne Kennedy, Britney, Frances from the UK, Norman Revells, Elizabeth (Elsa) Witteveen, Yvonne Bulger, Kristine Brady, Deacon Dan Careau, Darlene Humphries, Marie Coombs, Georgie Hutchinson, Rosalind Weeks, Renee Scott, the Marcille family, Cecile Dubue, Helen Guillet, Oliver Rude, Philip Girard, Chris Moffat, Pauline Nelligan.

To ADD or REMOVE a name, please call the Parish Office.

OUR HOLY FATHER'S PRAYER INTENTION FOR JUNE

Let us pray for the sanctity of the life of Priests: That priests, through the modesty and humility of their lives, commit themselves actively to a solidarity with those who are most poor.

St. Thérèse of Lisieux — PERPETUAL NOVENA

June 15—23: *Our Sister*, please pray for all the politicians in our country, that the Lord will bless them, guide them and instruct them in His ways. May they truly hear the voice of God in every decision they make.

June 24—July 2: *St. Thérèse*, please pray for Fr. Tim Nelligan and ask the Lord to greatly bless him!

FORMED THE CATHOLIC FAITH. ON DEMAND.

To help enrich our spiritual journey, FORMED offers Documentaries, Talks, Movies, and more! All **FREE** for parishioners! Register today on our website under 'Happenings', or **click the FORMED icon**.

VISITATION PROGRAM: 18" Travelling Statue of Our Lady of the Cape

— Parishioners are invited to reserve the Travelling Statue and Visitation Kit for two week periods. To arrange a two week visit of Our Lady, please contact Angelina Girard at angelinagirard77@gmail.com; or visit our website under the 'Happenings' Tab / 'Visitation Program', or [CLICK HERE](#).

'DNA LIVE' FROM THE KIOSK!

Most Wednesdays in the Church Hall at 12:00 Noon

To view the LATEST episode of DnA LIVE, [CLICK HERE](#) or go to www.PSKiosk.com.

REGULAR COLLECTION FOR JUNE 2019

Regular Collection:

June 2	\$ 1,845.65
June 9	\$ 2,252.25
June 16	\$ 2,202.00
June 18 (PAD Deposit*)	\$ 8,215.33

Total Collection to date \$ 14,515.23

***Join the many parishioners** who have converted to Pre-Authorized Donation (**PAD Deposit**). To register, just pick up a PAD Form in the Narthex with a set of boxed PAD envelopes for Special Collections, or [CLICK HERE](#) to download the Form.

Please consider Blessed Sacrament Parish in your Will and include us in the bequeath section of the obituary notice. Our Registered Charitable Tax No. is #12896-7353-RR-0092.

Your continued support is essential to the temporal affairs of our Parish.

Thank you and may God Bless you.

PARISH HAPPENINGS!

OUR LADY OF THE CAPE DIVINE MERCY PRAYER MEETING, Monday June 24 at 7:15 pm in the Fulton J. Sheen Room (Library).

SACRAMENT OF FIRST HOLY COMMUNION on Corpus Christi Sunday, TODAY at 10:00 am



Lord Jesus, bless our children coming forward to receive You in Holy Communion for the first time today. May it be an initial step into a life-long love of the Eucharist. Give them a hunger for this Sacred food so that they turn to You for comfort, guidance, and wisdom as they grow into full discipleship. Thank You for their innocence and goodness. May their anticipation of receiving You inspire all of us to cherish this Sacred Sacrament in a more profound and deeper way. Our Lady of the Most Holy Blessed Sacrament, pray for us! Amen.

- | | |
|-------------------------------|------------------------|
| † Sinna Abraham | † John Marsland |
| † Oisin Bauer | † Flavia Montoya-Velez |
| † Valentina Boves-Castro | † Karlo Perić |
| † Simona D'Angelo | † Guiseppe Repaci |
| † Keziah David | † Lola Rueckwalkd |
| † Sofia Dietrich | † Erich Schreiner |
| † Javier Fernandez | † Frank Schreiner |
| † Madeleine Gillis | † Autumn Shea |
| † Kendra Huggins | † Ali Sjoman de Vera |
| † Isabella Izaguirre-Saikaley | † Hugo Vanderveen |
| † Louisa Kay | † Zosia Vanderveen |
| † Margaret Kay | † Justin Watson |
| † Tyler Kedzierski | † Adeline Willet |
| † Sienna Kravitz | |

THE ANIMA CHRISTI PRAYER

(widely used after receiving Our Lord Jesus in the Most Holy Eucharist)

*Soul of Christ, sanctify me; Body of Christ, save me;
Blood of Christ, inebriate me; Water from Christ's side, wash me;
Passion of Christ, strengthen me. O good Jesus, hear me;
Within Thy wounds hide me;
Suffer me not to be separated from Thee;
From the malicious enemy defend me;
In the hour of my death call me and bid me to come unto Thee,
that I may praise Thee with Thy saints and with Thy holy angels,
Forever and ever, Amen.*

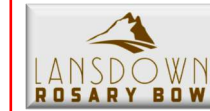
NEWS AROUND THE DIOCESE

BRUYÈRE CONTINUING CARE VOLUNTEER OPPORTUNITY — For further information call 613-562-6262 x 1334:

- **St. Vincent Hospital site — Extraordinary Eucharistic Ministers needed to bring Holy Communion to patients once per week or more.** Supporting the faith life and practice of our patients is extremely important. Please consider joining our team of Extraordinary Ministers.
- **Élisabeth Bruyère Hospital site — Sacristans and other assistants needed Sunday mornings, 10:00 am to 12 Noon.** To help bring patients to the Chapel for Mass, welcome and greet visitors, set-up and clear the Altar, help maintain the Chapel space, assist with worship planning, and participate in various Liturgies.

HEART OF WORSHIP AT HOLY REDEEMER PARISH, KANATA Tuesday June 25, 7—9 pm: Includes a short spiritual talk by Fr. Paul Nwaeze on the topic *"Be at rest, O my soul"*, praise and worship, Adoration, Confession, food and fellowship.

Presented by the Marian Devotional Movement:



CAPE-CAPITAL PILGRIMAGE EXPERIENCE

— A Full 5-Day Event! —

Participate in any, or all of this year's inaugural 'Queen of the Most Holy Rosary Pilgrimage', August 21—25! Daily Mass; Confession; Adoration; Speakers; a 3-day Pilgrimage to Cap-de-la-Madeleine, and more! For a full itinerary and bus/hotel packages (rooms limited!) [CLICK HERE](#), or visit <https://visitationproject.org/pages/rosary-bowl/>. **FLYER AVAILABLE IN THE NARTHEX!**

★ A SIGNATURE EVENT!

On **Thursday, August 22, Feast Day of the Queenship of Mary**, pilgrims will gather at Lansdowne Park in Ottawa (now TD Place) — the very spot where Canada was consecrated to the Immaculate Heart of Mary at the historic 1947 Marian Congress! As a special note, the Holy Rosary will be led by the Queenship of Mary Community and the Corpus Christi School Rosary Club. **For further info** call Dennis Girard at 1-888-501-1083.

54 DAY NOVENA OUR LADY OF THE CAPE To prepare for the historic Lansdowne Rosary Bowl, pilgrims are invited to participate in the 54-Day Novena **beginning NEXT Saturday June 29**, on the Feast Day of Saints Peter and Paul and the Memorial of the Immaculate Heart of Mary! To download the Novena [CLICK HERE](#), or follow online at <https://visitationproject.org/pages/rosary-bowl/>.

NIGHT OF WORSHIP AND MINISTRY: St. Mary's Parish, 100 Young St., **June 28, 7:00 — 9:00 pm.** Theme: *"In the Shadow of God's Wings"*. Speaker: Chris Currie. Held every 4th Friday of the month. For further info, please contact: Natalia Lacar, 613-728-9811 x 720; night.worship.ministry@stmarysottawa.ca.

A 3-DAY EVENING RETREAT ON PRAYER — St. Peter Celestine Parish, Pakenham, **July 2, 3 & 4, 7:00—9:00 pm.** Explore the different methods of prayer with Fr. Matthew Chojna and Fr. Tavis. Mass followed by teaching and discussion. **Cost:** \$20. **To register:** Shannon McGruer, shannonmcgruer@gmail.com; 613-623-9289.

81ST ANNUAL PILGRIMAGE TO THE SHRINE OF ST. ANN, CORMAC, Sunday July 28: Guest Homilist, Fr. Brian J.T. Clarke, Pastor, Ascension Parish, Scranton, PA. **Info:** [St. Ann's Pilgrimage](#).

9TH ANNUAL WOJTYLA SUMMER INSTITUTE, AUGUST 8 —11: Not limited to teachers — anyone interested may attend. Offered by Seat of Wisdom College, 18 Karol Wojtyla Square, Barry's Bay, Ontario. Theme: *"The Splendour of the Liturgy."* A 3-hour Gregorian Chant Workshop led by Dr. Aaron James on August 8 prior to the Conference. **Info:** www.seatofwisdom.ca/wojtyla.

PILGRIMAGE TO THE HOLY LAND, NOVEMBER 6 —15, 2019: Follow in the footsteps of Jesus. Accompanied by Fr. Lukose Kochupurackal, CMF. Cost: \$3299 (per person/double occupancy), includes taxes, tips and other related fees. **Info:** Contact Fr. Lukose 613-731-7834; or lukekochupura@gmail.com.

A Warm Welcome to our New Parishioners!
Interested in joining our Parish Family?!

Let us know who you are and we'll be happy to offer you more information and introduce you to our Parish life. Just fill out this form, place it in the basket, and we'll reach out to you soon!

Name: _____

Address: _____

Phone: _____

Email: _____